



INTERNATIONAL ASSOCIATION OF MAJORETTE-SPORT

COMPETITION RULEBOOK



Published by IAM in 15 04 2023[®]

2023



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I. ABBREVIATIONS

AC-IAM	Adjudicators' Committee of IAM
CC-IAM	Competitors' Committee of IAM
CHAC	Chair of Adjudicators' Committee
CHCC	Chair of Competitors' Committee
CHJ	Chief Judge
CJ	Counter Judge
CR-IAM	Competition Rulebook–of IAM
DJ	Delegate Judge
ECM	European Championship of Majorette-Sport
EGP	European Grand Prix of IAM
GA-IAM	General Assembly of IAM
ICM	International Competition of Majorette-Sport
JR-IAM	Judges' Rulebook of IAM
MB-IAM	Management Board of IAM
MMIC	Merry Majorette International Cup
SJ	Scoring Judge
TJ	Technical Judge
WCM	World Championship of Majorette-Sport

II. BASIC DEFINITIONS AND RELATED RULES

THERE ARE ADDITIONAL REGULATIONS, EXCEPTIONS IN DIFFERENT CATEGORIES

A. CLASSIFICATION OF ELEMENTS WITH EQUIPMENT

Elements of **these 3** main groups must be involve in the Routine in balanced ratio. Except TRAD MACE.

1) Contact elements: the equipment moves on any part of the body

2) Rolls: the equipment rolls over any part of the body

- 2.1.) single
- 2.2.) series
- 2.3.) continuous
- 2.4.) combination

3) Aerials: the equipment is thrown and flip/flick in the air before catching

3.1.) Throw:

- a) 1 throw: at least 360° rotation especially of the baton, batonflag, mace in the air)
- b) Dead throw: no, or less than 360° rotation of equipment in the air
- c) Parts of the throw: 1st part: release, 2nd part: equipment is in the air, 3rd part: catch
- d) Heights of throw:
 - high throw: from the place of the release to the highest point in the air is more than 2 m, in any pattern,
 - low throw: from the place of the release to the highest point in the air less than 2 m, in any pattern.
- e) Only throw of the correct height can be accepted as a compulsory element (Violation of the rule is penalised in “D” field of evaluation)

3.2.) Exchange: between at least 2 competitors (except POM: with your own pom), exchanging the equipment, releasing them at the same time, by handing over, or by throwing

- a) Length of distance between releases
 - short distance: below 2 meters,
 - Long-distance: over 2 meters.
- b) Change with throw: between at least 2 competitors, exchanging the equipment, releasing them at the same time, equipment is in the air for a time period
- c) Only exchange of the correct length can be accepted as a compulsory element (Violation of the rule is penalised in “D” field of evaluation)

4) Picture

- 4.1.) Some kind of pictures or shapes created from pompons.
- 4.2.) All compulsory pictures should be built in different places and in different time period.

5) Wave/snake

- 5.1.) With joined equipment
- 5.2.) Competitors form a wave or snake.
- 5.3.) Arriving back to the starting position.
- 5.4.) Connected with music (rapid building up, accurate implementation).
- 5.5.) All compulsory wave should be built in different places and in different time period.
- 5.6.) Wave: move to and from with a swaying motion while remaining fixed to one point.
- 5.7.) Snake: sinuous movement.

B. COSTUME

1) Clothing worn during the competition

- 1.1.) Wearing an irregular costume is penalised.
- 1.2.) Competitors' costumes, hair and makeup should be appropriate to the equipment, age, music and used dance style.
- 1.3.) In all cases a harmonious composition of music, dance style, costume and choreography must be created.
- 1.4.) Aesthetic impact and suitability are evaluated by jury members on the criterion of overall impact.

- 1.5.) The same footwear is obligatory for all members in a Routine, barefoot is prohibited. They must be appropriate to the age of competitors and character of the performance, in harmony with the team's costume.
- 1.6.) Wearing tights is mandatory with skirts.
- 1.7.) The skirt must cover the bottom in standing.
- 1.8.) Lingerie should not be visible.
- 1.9.) Costume of men: Must be the masculine look, trousers are compulsory, no glitter.

C. EQUIPMENT

1) Baton

- 1.1.) Baton must be made by Dombi Imre or Star Line Baton Co.
- 1.2.) Maximum 82 cm long
- 1.3.) In categories where baton is used:
 - a) Number of batons equals the number of the team members. (except: 2BAT)
 - b) No other accessories are allowed.
 - c) Baton is always connected with competitor, must not put it on the floor.
 - d) Contact with equipment in the course of Routine: it is allowed when one or more competitors have 2 or more pieces of equipment at the expense of their partners, if such situation is only temporary and if the competitors really manipulate this equipment, not just hold it.
 - e) The competitors have to finish the Routine by holding the equipment or to be in contact with it with some part of body.

2) Pompon

- 2.1.) A Hand-held globe, usually of strong colour, consisting of metal foil or plastic fibres.
- 2.2.) In categories where pompon is used:
 - a) Two pompons for each team- member
 - b) No other accessory is allowed.
 - c) The pompon must always be in motion.
 - d) The pompon should not be put down except for safe lifting and acrobatics or quick change.
 - e) Competitors must complete the Routine by holding the equipment or in contact with any part of the body.

3) Batonflag

- 3.1.) Flag is one piece of material attached to a flagpole (a special baton) and used as a flag.
- 3.2.) Material on chains, ropes or clothing are not flags.
- 3.3.) Flagpole of batonflag can be one- or two ended, must be made by Dombi Imre or Star Line Baton
- 3.4.) Length of flagpole:
 - a) one-ended is maximum 75 cm long,
 - b) two ended is not limited.
- 3.5.) Flag material:
 - a) 50 x 70 cm,
 - b) rectangle shape.
- 3.6.) In categories where batonflag is used:
 - a) The number of batonflags equal the number of competitors in the Routine.
 - b) The batonflag must always be in contact with the competitor and must not be put to the ground.
 - c) It is allowed when one or more competitors have 2 or more devices during the Routine, provided that this is only a temporary situation and that the riders are actually using the device and not just holding it.
 - d) Competitors must complete the Routine by holding the batonflag or by touching a part of the body.

4) Double flag

- 4.1.) Batonflags may not be used as Double Flags.
- 4.2.) Double Flags must always be used as two pieces.
- 4.3.) Flagpole length:
 - a) Juniors: 80 cm
 - b) Seniors: 1.0 meters
- 4.4.) Flag Sizes:
 - a) Juniors: 50 x 50 cm
 - b) Seniors: 70x 50cm

5) Mace

- 5.1.) Must be 401 grams or heavier,
- 5.2.) At least 76 cm or longer for juniors.
- 5.3.) At least 80 cm or longer for seniors.
- 5.4.) One end much bigger and heavier.
- 5.5.) The balance point is not in the middle.
- 5.6.) In categories where mace is used: competitors must complete the Routine by holding the mace or by touching a part of the body.

6) Tall Flag

- 6.1.) A flag is one piece of material attached to a flagpole and used as a flag,
- 6.2.) Flagpole length:
 - a) Juniors: Minimum of 1.2 meters
 - b) Seniors: Minimum of 1.5 meters
- 6.3.) Flag sizes:
 - a) Juniors: Minimum material size of 80 cm x 1.0 meters
 - b) Seniors: Minimum material size of 1.0 x 1.5 meters
- 6.4.) Flags do not have to be square or rectangular in shape, but the overall sizing of the flag must comply with the above.
- 6.5.) Material on chains, ropes or clothing will not be seen as flags.

7) Rifles

- 7.1.) Rifles must be constructed so that they look like a traditional or modern (military) rifle.
- 7.2.) Rifles must be made of wood or plastic and have a minimum size of 60 cm.

8) Sabres

- 8.1.) Sabres are defined as weapons which are designed to cut or slash the opponent.
- 8.2.) Sabres have to be made of wood or plastic and may have a bend or straight blade.

D. HAIR AND MAKE UP

- 1) Must be appropriate to the age of the competitors, the category and the nature of the Routine.
- 2) Uniform hairstyle and make-up in obligatory.
- 3) Jury members evaluate the overall aesthetic impact of costume, hairstyle and make-up, ("A"- field).
- 4) Glitter and Makeup is forbidden for men.

E. MATERIALS OF THE MAJORETTE- MOVEMENT-

All Routines should contain all type of movement: Basic, Combination, Flexibility, Jump/Leap, Skip, Turn, Floor-exercise/ Acrobatic, Lifting- as prescribed in the category's rules.

Only the elements- listed in the "Movement in Majorette-Sport"- can be used. Link: [GUIDE - MOVEMENT MATERIAL OF MAJORETTE-SPORT](#)

F. MUSIC OF THE ROUTINE

- 1) All Routine must be performed entirely with musical accompaniment.
- 2) Entire music or parts of it may be used.
- 3) In the case of musical mixes, the individual musical motifs (parts) must be linked musically and technically correctly; bad cut (bad transition from one motif to another) is penalized by point deduction.
- 4) No sign, gong, whistle, electronic sound is allowed at the beginning of the music.
- 5) Consistency between music and age, as well as music and Routine, is assessed by the criterion of "A".
- 6) For each Routine, a timed MP3 music track must be sent, by the deadline specified in the announcement, by email. File must be renamed to the startnumber.
- 7) This sent music will be initiated by the technician when the competitor has stopped at the starting position.
- 8) The use of music that does not conform to the category rules is assessed as a prohibited item.

G. OBLIGATORY ELEMENTS OF DIFFERENT ROUTINES

- 1) Throw- in BAT, 2BAT, MS MACE, TRAD MACE, FREE
- 2) Exchange- in BAT, MS MACE, FREE
- 3) Spin- in BAT, 2BAT, MS MACE, FREE
- 4) Elements of floor exercise/jumps/flexibilities/turns- in POM
- 5) Moving combination in one direction- in POM
- 6) Lifting or (body)-throwing- in POM
- 7) Picture- in POM
- 8) Wave- in POM
- 9) 3 defined technical elements combined with movement-in FREE

H. PROPS

- 1) Mascots, flags, banners, boards with the name of the competitors, city, state, sponsor, eventually other objects that are not a part of the Routine.
- 2) None of these props must be placed in the route of the marching parade, in the competition area or their protective zones.
- 3) They can be placed only in the spectator zone. But even there they must not interfere with the Routine or obstruct the view of the jurors.

I. ROUTINE

The competition programme.

1. STAGE ROUTINE

- 1) Structure:
 - 1.1.) Entering without music, after the "call"
 - 1.2.) Stop, starting position
 - 1.3.) Routine
 - 1.4.) Stop, end of music, closing position (stop figure)
 - 1.5.) Retreat without music
- 2) Departure from the stage:
 - 2.1.) Departure from the stage (competition area) without musical accompaniment.
 - 2.2.) Departures are short, fast and easy. serves only to leave the competition area. There can be no more "little choreography".

2. DÉFILÉ/ MARCH ROUTINE

- 1) Structure of the Défilé/ March Routine:
 - 1.1.) Entry and starting character
 - 1.2.) Cruising
 - 1.3.) Crossing the finish line
 - 1.4.) Closing position
- 2) The beginning of the Routine
 - 2.1.) The starting team is ready at the start line.
 - 2.2.) The following team must not be warm up directly behind them and should not disturb the practice by warming up
- 3) To take the route:
 - 3.1.) The team must go through the entire route and leave the finish line.
 - 3.2.) It is a wrong choreography or improper execution if the entire team or some competitors remain on the route after the music has been completed.
- 4) To complete the Routine:

The Routine ends when the team stops behind the finish line and turns back to the audience and the judges.

3. STRUCTURE- AND COMPULSORY CHOREOGRAPHIC ELEMENTS OF POMPON ROUTINES

- 1) At least 50% of the performance should be dance forms
- 2) The proportion of elements of floor exercise/acrobatic should not exceed the 30%.
- 3) The used dance technique must be recognizable.
- 4) The pompon must always be in motion.
- 5) Required elements for the POM movement and equipment must be implemented.

4. FREESTYLE BATON ROUTINE

The style of the Routine must not be depressing (pain, suffering, death, etc.)

J. SUBGROUP

- 1) In case of teams at least 4 persons,
- 2) in case of soloformations at least 2 persons

K. SUPPORT BANDAGE

- 1) It is a piece of soft material that covers and protects an injured part of the body.
- 2) Support-bandage/kinesio-tape must be invisible, accepted colour is nude

L. SCENE

- 1) It is a decoration in the background of the stage, which explains or completes the story of the Routine.
- 2) Scene is forbidden in majorette-sport.

M. TIMING

- 1) From the first note of the music till the last note of the music.
- 2) Any extra sound, as whistle, jingle, bell or electronic effect cannot be used at the beginning of the music.
- 3) It is a choreographic mistake if there is a discrepancy between the completion of the music and the completion of the Routine.

III. MAJORETTE-SPORT

A. SECTIONS

1. Baton section (BAT)
2. Pompon section (POM)
3. Mace section (MACE)
4. Mixture section (MIX)
5. Batonflag section (FLAG)
6. Drummers' section (DRUM)
7. Banners' section (BAN)
8. Show section (SHOW)

B. CATEGORIES OF MAJORETTE-SPORT

Teams (8-25 members)

1. BATON team (BAT) (défilé+ stage)
2. TRADITIONAL BATON team (TRAD BAT) (march + stage)
3. FREESTYLE BATON team (FREE team) stage
4. BMI team (défilé)
5. POMPON team (POM) (défilé+ stage)
6. TRADITIONAL POMPON team (TRAD POM) (march + stage)
7. TRADITIONAL MACE team (TRAD MACE) (march+ stage)
8. MIXTURE team (MIX) (stage)
9. BATONFLAG team (FLAG) (stage)
10. DRUMMERS team (DRUM) (stage)
11. BANNIER team (BAN) (stage)
12. SHOW team (SHOW) (stage)

Soloformations

Miniformation (4-7 members)

1. BATON (BAT mini)
2. FREESTYLE BATON (FREE mini)
3. POMPON (POM mini)
4. MS MACE (MACE mini)
5. MIXTURE (MIX mini)
6. BATONFLAG (FLAG mini)

Duo-Trio (2-3 members)

1. BATON (BAT duo/trio)
2. TRADITIONAL BATON (TRAD BAT duo/trio)
3. FREESTYLE BATON (FREE duo/trio)
4. POMPON (POM duo/trio)
5. MS MACE (MACE duo/trio)
6. TRADITIONAL MACE (TRAD MACE duo/trio)

Solo

1. BATON (BAT solo)
2. TRADITIONAL BATON (TRAD BAT solo)
3. FREESTYLE BATON (FREE solo)
4. 2- BATON (2BAT solo)
5. POMPON (POM solo)
6. MS MACE (MACE solo)
7. TRADITIONAL MACE (TRAD MACE solo)

C. COMPETITION PARTICIPANTS

1. AGE CATEGORIES

1. cadets – age of 8 – 11 years
2. juniors – age of 12 – 14 years
3. Seniors – age of 15 years and more (in DRUM: 15-16 years).
4. To determine the age, the current year is designated.

A) AGE IN SOLO-FORMATIONS

1. In solo-formations (solo, duo-trio and miniformalion) the age of the competitors must comply with the relevant age category.
2. The same majorette can compete only once in each category.

B) MODIFICATION FOR 2023

In MINIFORMATION

Participation of younger competitor is allowed. A competitor can be younger only with one age category. Number of the youngers is limited as follows:

In case of

- 7 members-3 younger
- 6 members-2 younger
- 5 members-2 younger
- 4 members-1 younger is allowed

In DUO/TRIO

They are ranked according to the oldest competitor. In case of:

- 3 competitors: 2 elder-1 younger
- 2 competitors 1-1,

A competitor can be younger only with one age category.

Cadet duo /trio and cadet miniformalion can contain only cadets.

Those younger competitors who compete together with older majorettes, can not compete in their own age category in miniformalion and duo/trio.

C) AGE IN GROUPS

1. In case of groups, the age of the competitors must comply with the relevant age category with the following discount: for cadets and juniors, the 20% rate of older majorettes in one group is allowed.
2. The responsibility about keeping rule of 20% belongs to organiser of competition on national level; In case of international competitions the President of national association, who signs and sends the national nomination.
3. It must be checked at the registration by collected IDs before the opening of the competition.
4. The number of group- members and the limit for the older ones are as follows:
 - a. 8 - 12 members, number of older ones allowed = 2
 - b. 13 - 17 members, number of older ones allowed = 3
 - c. 18 - 22 members, number of older ones allowed = 4
 - d. 23 - 25 members, number of older ones allowed = 5
5. The number of younger members in the group is not limited, as it is not an advantages.
6. If the age limit is exceeded:
 - a. the group can register and compete in the category for the oldest members.
 - b. group can change the number of majorettes.
7. A competitor can be younger and older by one age category.
 - a. cadets from 6
 - b. juniors 8-11 years
 - c. seniors 12-14 years
8. The age- composition of a group can affect the overall impression and compactness.
9. A competitor is allowed for competing once in one category.

2. PARTICIPATION OF TRANSGENDERS

IAM follows the decisions of the International Olympic Committee.

III.1.) BATON TEAM- COMPLEX OF DÉFILÉ AND STAGE ROUTINE**Special rules:**

1. Teams (8 - 25 members)
2. Cadet, Junior, Senior age
3. For women and men (1/6 of the members can be men)
4. Every BAT team must do the Défilé and Stage Routine.
5. Défilé and Stage Routine must be performed by the same competitors.
6. Performing the same Routine or using the same music in Défilé and on stage is forbidden.

III.1.1. BATON DÉFILÉ ROUTINE– ABBREV. BAT DÉFILÉ**A. Specially**

1. Competition route:
 - a. 100 metres long, 6 metres wide.
 - b. route can have up to 4 bends however the whole route must be clearly seen by adjudicators.
 - c. must be flat and smooth, without disturbances up to 7 meters in height.
 - d. Protective zone is 2 meters along the side-lines; an entering and leaving area, 10 meters long, and 6 meters wide.
2. Time: maximum 3 minutes

B. Marching**1. Characterization**

- a. The marching steps must be decisive.
- b. In order to move forward, the marching steps must be performed in a decisive percentage in the direction of progress.
- c. It is forbidden to stop and perform choreography on the spot.
- d. A short stop or reverse motion is allowed only to change the shape or the pattern.

2. The smoothness of the tempo

The marching and the dance steps must be balanced at all stages of the route; no long dips in large quantity or running can be used.

3. Elements of movement

- a. The Routine may include components and motifs of any recognizable dance styles if they correspond with the character of the music.
- b. Used dance technique must be clearly visible and used.
- c. Balance, flexibility elements, skips, jumps, turns may be parts of the Routine, as long they fit the program continuously, not in their own right, but in relation to the equipment, the executed element, shapes and diagrams. See: [GUIDE - MOVEMENT MATERIAL OF MAJORETTE-SPORT](#)
- d. Lifting, split and bridge only in the final pose is allowed.

C. Music for défilé

1. 2/4 or 4/4 with emphasis on unchanged rhythm.
2. The basic accompaniment for the classical style is the march and the polka.
3. Other styles of music can be used to fulfil modern ideas, but they must always match the marching nature of category.
4. Techno, heavy-metal, hard rock, DB and similar or related songs are not allowed.
5. Live music (own band) is only possible with the consent of the director; however, the band must not march with the team, must be standing in one place.

D. Outfit

for women

1. Specific costume is allowed to express a specific theme and character of the music.
2. Must include some elements of traditional majorette clothing.
3. Individual variations, different folk motifs, national costume elements are allowed.
4. The skirt is obligatory.
5. Dress: can be sleeveless, but chest-, belly- and back covered with costume.
6. Some cap-imitation on the head is obligatory, headdress matching with costumes is accepted.
7. Boots are obligatory for seniors, recommended for juniors and cadets.
8. The use of transparent materials in the upper part without a liner is not permitted.
9. Trousers are forbidden.

for men: See Basic definition/Costumes: [Link: 1.8.](#)

E. Equipment: 1 baton/competitor

F. Obligatory elements

1. Cadet

- a. 2 x at least dead throw (1x all members, 1 x minimum subgroup)
- b. 1 x short-distance exchange between all members
- c. At least 5 different elements from level I –IV, in equal proportions of left and right hands

2. Junior

- a. 2 x high throw without turn (1x all members, 1 x minimum subgroup)
- b. 1 x high throw with spin (all members)
- c. 1 x long-distance exchange by throwing between all members
- d. At least 7 different elements from level I –V, in equal proportions of left and right hands

3. Senior

- a. 2 x high throw without turn (1x all members, 1 x minimum subgroup)
- b. 2 x high throw with spin (1x all members, 1x minimum subgroup)
- c. 2 x long-distance exchange by throwing (1x all members, 1x minimum subgroups)
- d. At least 7 different elements from level I –VI, in equal proportions of left and right hands
- e. The elements are used in combinations, the aerials are performed to continuous rotation

III.1.2. BATON TEAM STAGE ROUTINE – ABBREV. BAT STAGE

A. Specially:

1. Stage Routine
2. Stage: 12x12 metres. Height: 7 metres.
3. Protective zone is 2 metres along all the sides-lines of stage..
4. Time: 2:30 -3:00 minutes.

B. Performance**1. Characterization**

- a. It must contain marching-step sequences, there may be a greater proportion of other movement elements.

1. Elements of movement

- a. The Routine may include components and motifs of any recognizable dance styles if they correspond with the character of the music.
- b. Used dance technique must be clearly visible and used.
- c. Balance and flexibility elements, skips, jumps/ leaps and turns may be parts of the Routine, as long they fit the program continuously, not in their own right, but in relation to the equipment, the executed element, shapes and diagrams. See: [GUIDE - MOVEMENT MATERIAL OF MAJORETTE-SPORT](#)
- d. Lifting, split and bridge only in the final pose is allowed.

C. Music

The rhythm and tempo of the music is not specified, but it must be possible to incorporate marching steps into the composition.

D. Outfit**for women**

1. Specific costume is allowed to express a specific theme and character of the music.
2. Colours and their combinations are free to use.
3. Dress: can be sleeveless, but chest-, belly- and back covered with costume.
4. The use of transparent materials (lace, skin, nylon and the like) in the upper part without a liner is not permitted.
5. Must include some elements of traditional majorette clothing.
6. Individual variations, different folk motifs, national costume elements are allowed.
7. The skirt is obligatory.
8. Trousers are forbidden in team.
9. Some cap-imitation on the head is obligatory, headdress matching with costumes is accepted.
10. Boots are obligatory for seniors, recommended for juniors and cadets.

for men: See Basic definition/Costumes: [Link: 1.8.](#))

E. Equipment: 1 baton/ competitor**F. Obligatory elements****1) Cadet**

- a. 2 x at least dead throw (1x all members, 1 x minimum subgroup).
- b. 1 x short-distance exchange between all members.
- c. At least 5 different elements from level I –IV, in equal proportions of left and right hands.

2) Junior

- a. 2 x high throw without turn (1x all members, 1 x minimum subgroup)
- b. 1 x high throw with spin (all members)
- c. 1 x long-distance exchange by throwing between all members.
- d. At least 7 different elements from level I –V, in equal proportions of left and right hands

3) Senior

- a. 2 x high throw without turn (1x all members, 1 x minimum subgroup)
- b. 2 x high throw with spin (1x all members, 1x minimum subgroup)
- c. 2 x long-distance exchange by throwing (1x all members, 1x minimum subgroups)
- d. At least 7 different elements from level I –VI, in equal proportions of left and right hands
- e. The elements are used in combinations, the aerials are performed to continuous rotation

III.2.) TRADITIONAL BATON TEAM COMPLEX OF MARCH AND STAGE ROUTINE

Special rules:

1. Teams (8 - 25 members)
2. Cadet, Junior, Senior age
3. For women and men (1/6 of the members can be men)
4. Every TRAD BAT team must do the March and the Stage Routine
5. March and Stage Routine must be performed by the same competitors
6. Performing the same Routine or using the same music in marching and on the stage is forbidden
7. One of the majorettes of the team must be the Captain who is clearly marked. She leads the whole team
8. Greeting after entry and in the final pose is mandatory

III.2.1. TRADITIONAL BATON TEAM MARCH ROUTINE– ABBREV. TRAD BAT MARCH**A. Specially**

1. March Routine
2. Competition route:
 - a. 60 meters long, 6 meters wide.
 - b. Route can have up to 4 bends however the whole route must be clearly seen by adjudicators
 - c. It must be flat and smooth, without disturbances up to 7 meters in height
 - d. Protective zone: 2 meters along the side-lines, an entering and leaving area, 10 meters long, and 6 meter wide.
3. Time: maximum 2 minutes

B. Marching**1. Characterization**

- a. The marching steps must be clearly distinguishable and decisive
- b. Steps of folk dances and ballroom dances are acceptable.
- c. In order to move forward, the marching steps must be performed in a decisive percentage
- d. The technique of the movement and the technique of the step must be appropriate to the music and correctly reflect the nature of the category
- e. The most important criterion is synchronization
- f. The basic style of traditional majorette requires keeping the body beautiful, proper marching, keeping columns, rows punctually, standing in one place, changing directions horizontally, and using the baton in synchrony. The whole formation is required to work synchronously. Only the captain and certain subgroups may deviate from this.

2. The smoothness of the tempo

- a. The marching and other movement must be balanced at all stages of the route, no long dips in large quantity or running can be used
- b. It is forbidden to stop and perform choreography on the spot
- c. A short stop or reverse motion is allowed only to change the shape or the pattern

3. Elements of movement

- a. Sitting, lying, jump/leap, elements of floor exercises/acrobatic, supports, lifting are forbidden
See: [GUIDE - MOVEMENT MATERIAL OF MAJORETTE-SPORT](#)

C. Music

1. Must be military march, with 2/4, 4/4 rhythm
2. Must be composed and arranged for symphonic orchestra, philharmonics, brass band, marching band, fanfare orchestra, and percussion band, big band, dancing band, jazz- or Dixieland band.
3. It is forbidden that music is performed by a computer (except basic computer cutting and mixing), or that any part of the music is played by electronic instruments such as rhythm-machine, synthesizer
4. Utilization of live music (own orchestra) is possible only with the consent of the organizers
5. Orchestra is allowed to march with majorettes as accompaniment or make a show performance together in parade march, or provide a music accompaniment while standing
6. A show that was performed together provides an advantage in judgment

D. Outfit

1. Competitors must wear uniforms.
2. Costume must make an impression of stylized military uniform
3. All costumes must be the same
4. Captain must be clearly marked (different uniforms, colours, rank symbols etc.)
5. Costumes must be made from matte material only. Sequined and shiny material is not allowed. Ribbons, braiding, buttons and epaulettes (in antique gold or silver) may only be used as an accessory on the uniform.
6. Glitter on the hair is not allowed.

for women

1. Long sleeved dress or skirt with jacket and Hat or shako is obligatory
2. Trousers are forbidden.
3. Boots are obligatory for seniors, recommended for juniors and cadets.

for men: See Basic definition/Costumes: [Link: 1.8.](#))

E. Equipment:

1. 1 baton/competitor.
2. Whistle used by the captain is allowed.

F. Obligatory elements:

1. There are no obligatory elements.
2. Contact elements, aerials and simple rolls are allowed (roll combination, continuous roll are forbidden).

III.2.2. TRADITIONAL BATON TEAM STAGE ROUTINE– ABBREV. TRAD BAT STAGE

A. Specially

1. Stage Routine
2. Stage:
 - a. 12x12metres. Height: 7 m
 - b. Protective zone: 2 meters along the side-lines
3. Time: 2.30-3.00

B. Performance**1. Characterization**

- a. It must contain marching-step sequences, there may be other movement elements

2. Elements of movement

- a. The Routine may include components and motifs of any recognizable dance styles if they correspond with the character of the music
- b. Used dance technique must be clearly visible and used
- c. The basic style of traditional majorette requires keeping the body beautiful, proper marching, keeping columns, rows punctually, standing in one place, changing directions horizontally, and using the baton in synchrony.
- d. Elements, motifs, steps of folk dance and ballroom dances are allowed
See: [GUIDE - MOVEMENT MATERIAL OF MAJORETTE-SPORT](#)
- e. Sitting, lying, jump/leap, elements of floor exercises/acrobatic, supports, lifting are forbidden

C. Music

1. The rhythm and tempo of the music is not specified, but it must be possible to incorporate marching steps into the composition
2. Music must be composed and arranged for symphonic orchestra, philharmonics, brass band, marching band, fanfare orchestra, and percussion band, big band, dancing band, jazz- or Dixieland band.
3. It is forbidden that any part of the music is performed by computer (except basic computer cutting and mixing), or that any part of the music is played by electronic instruments such as rhythm-machine, synthesizer.
4. Utilization of live music (own orchestra) is possible only with the consent of the organizers.
5. Orchestra is allowed to provide a music accompaniment while standing.

D. Outfit

1. Specific costume is allowed to express a specific theme and character of the music.
2. All costumes must be the same.
3. Captain must be clearly marked.
4. Transparent materials such as lace, skin nylon etc. without under layer is not allowed.
5. Costumes must be made from matte material only. Sequined and shiny material is not allowed.
6. Glitter on the hair is not allowed.

for women

7. Dress: can be sleeveless, but chest-, belly- and back covered with costume
8. Short- sleeved or sleeveless dress must be worn with long (3/4) gloves.
9. Some cap-imitation on the head is obligatory, headdress matching with costumes is accepted.
10. Costume with skirt is obligatory.
11. Trousers are forbidden.
12. Boots are obligatory for seniors, recommended for juniors and cadets.

for men: [See Basic definition/Costumes: Link: 1.8.\)](#)

E. Equipment:

1. baton
2. Whistle used by the captain is allowed.

F. Obligatory elements

1. There are not obligatory elements.
2. Contact elements, aerials and simple rolls are allowed (roll combination, continuous rolls are forbidden)

III.3.) FREESTYLE BATON TEAM abbrev FREE TEAM**A. Specially:**

1. Teams (8 - 25 members)
2. Cadet, Junior, Senior age
3. For women and men (1/6 of the members can be men)
4. Stage Routine
5. Stage: 12x12 metres. Height: 7 metres.
6. Protective zone is 2 metres along all the sides-lines of stage..
7. Time: 2:30 -3:00 minutes

B. Performance**1) Characterization**

It is not necessary to contain marching-step sequences.

The style of the Routine must not be depressing (pain, suffering, death, etc.)

2) Elements of movement

All kind of movement material of majorette-sport. See: [GUIDE - MOVEMENT MATERIAL OF MAJORETTE-SPORT](#)

C. Music

Freely chosen, unique music.

D. Outfit**for women**

- 1) Specific costume is allowed to express a specific theme and character of the music.
- 2) Dress: can be sleeveless, but chest-, belly- and back covered with costume.
- 3) The use of transparent materials in the upper part without a liner is not permitted.
- 4) Headdress should not be required.
- 5) Trousers are allowed.

for men: See Basic definition/Costumes: [Link: 1.8.](#) All male performers' costumes must include a shirt that is fastened, however it can be sleeveless

E. Equipment: 1 Baton/competitor**F. Obligatory elements****Cadet:**

- Right hand flourish-whip / 4 right hand flips continuously- for all members
- Free preparation / scissor kick with dead baton- for a subgroup
- 1 x short-distance exchange- between all members

Junior

- Left hand flourish-whip backward-right hand on hip / left hand reverse flip – right hand on hip / right hand reverse clockwise – standing on tiptoe – left hand on straight down / right hand backhand catch – left lounge for all members
- Free preparation - right hand horizontal throwing - stag leap (take off from one foot) / catch with right hand – for a subgroup
- 1 x long-distance exchange by throwing- between all members

Senior

- Left/right hand flip-illusion turn- left/right hand catch – for a subgroup
- Back fish-angel-stop position: high side leg kick – for a subgroup
- 1 x short-distance exchange with spin- between all members
- 1 x long-distance exchange by throwing- between all members

III.4.) BATON MARCHING IMPROVISATION TEAM - ABBREV. BMI TEAM**A. Specially**

1. Improvising Défilé Routine
2. Teams (8 - 25 members)
3. Cadet, Junior, Senior age
4. For women and men (1/6 of the members can be men)
5. Competition route:
 - a. 100 metres long, 6 metres wide
 - b. Route can have up to 4 bends however the whole route must be clearly seen by adjudicators.
 - c. Must be flat and smooth, without disturbances up to 7 meters in height.
 - d. Maximum 4 other obstacles, should be placed along the route, which must not be higher than 1 meter.
 - e. Protective zone is 2 meters along the side-lines.
 - f. An entering and a leaving area, 10 meters long, 6 meters wide.
6. One of the majorettes of the team must be the captain who is clearly marked.
7. Time is up to the music, maximum 3 minutes.

B. Marching**1. Characterization**

- a. Main focus is on: passing through unexpected obstacles in accordance with the captain's instructions; how competitors respond to commands of the captain.
- b. The marching steps must be decisive.
- c. In order to move forward, the marching steps must be performed in a decisive percentage in the direction of progress.
- d. The technique of the movement and the technique of the step must be appropriate to the music and correctly reflect the nature of the competition category.

2. The smoothness of the tempo

- a. The marching and dance must be balanced at all stages of the route; no long dips or running can be used in large quantities.
- b. It is forbidden to stop and perform choreography on the spot.
- c. A short stop or reverse motion is allowed only to change the shape or the pattern.

3. Elements of movement

- a. The Routine may include components and motifs of any recognizable dance styles if they correspond with the character of the music.
- b. Used dance technique must be clearly visible and used.
- c. Balance and flexibility elements, skips, jumps/ leaps and turns may be parts of the Routine as long they fit the program continuously, not in their own right, but in relation to the equipment, the executed element, shapes and diagrams. See: [GUIDE - MOVEMENT MATERIAL OF MAJORETTE-SPORT](#)
- d. Lifting, split and bridge only in the final pose is allowed.

C. Music

1. The team will get its music by the lot, from 10 pieces of music, annually prepared by CC-IAM for the competition.
2. The CC-IAM compiles and updates a yearly collection of BMI music for all ages in the Musical Library of IAM
3. Before presenting the Routine, the coach pulls the number of musical accompaniment.

D. Outfit

1. Must include some elements of traditional majorette clothing.
2. Colours and their combinations are free to use.
3. Individual variations, different folk motifs, national costume elements are allowed.
4. The use of transparent materials in the upper part without a liner is not permitted.

for women

1. The skirt is obligatory.
2. Dress: can be sleeveless, but chest-, belly- and back covered with costume
3. Some cap-imitation on the head is obligatory, headdress matching with costumes is accepted.
4. Boots are obligatory for seniors, recommended for juniors and cadets.
5. Trousers are forbidden.

for men: See Basic definition/Costumes: [Link: 1.8.\)](#)

E. Equipment: 1 baton/competitor

F. Obligatory elements: There are not obligatory elements.

III.5.) POMPON TEAM COMPLEX OF DÉFILÉ AND STAGE ROUTINE

Special rules:

1. Teams (8 - 25 members)
2. Cadet, Junior, Senior age
3. For women and men. 1/6 of the members can be men.
4. Every POM team must do the Défilé and Stage Routine
5. Défilé and Stage Routine must be performed by the same competitors.
6. Performing the same Routine or using the same music in Défilé and on Stage is forbidden.

III.5.1 POMPON TEAM DÉFILÉ ROUTINE– ABBREV. POM DÉFILÉ**A. Specially**

1. Défilé Routine
2. Competition route:
 - a. 100 metres long, 6 metres wide.
 - b. Route can have up to 4 bends however the whole route must be clearly seen by adjudicators, must be flat and smooth, without disturbances up to 7 meters in height
 - c. Protective zone is 2 meters along the side-lines; an entering and leaving area, 10 meters long, and 6 meters wide.
3. Time: maximum 3 minutes

B. Marching**1. Characterization**

- a. The marching steps must be decisive.
- b. In order to move forward, the marching steps must be performed in a decisive percentage in the direction of progress.
- c. The technique of the movement and the technique of the step must be appropriate to the music and correctly reflect the nature of the competition category.

2. The smoothness of the tempo

- a. The marching and other movement must be balanced at all stages of the route; no long dips or running can be used in large quantities.
- b. It is forbidden to stop and perform choreography on the spot.
- c. A short stop or reverse motion is allowed only to change the shape or the pattern.

3. Elements of movement

- a. The Routine may include components and motifs of any recognizable dance styles if they correspond with the character of the music.
- b. Used dance technique must be clearly visible and used.
- c. All kind of elements of the ' Movement of Majorette-sport ' are executable parts of the Routine, shall be carried out as part of the Routine and shall be continuously adapted to the practice. They cannot be done on their own, but in relation to the equipment, the executed element, the shapes and the figures. See: [GUIDE - MOVEMENT MATERIAL OF MAJORETTE-SPORT](#)

C. Music for défilé

1. 4/4 with emphasis on unchanged rhythm
2. Any styles of music can be used to fulfil modern ideas, but they must always match the marching nature of category
3. Techno, heavy-metal, hard rock, DB and similar or related songs are not allowed.
4. Live music (own band) is only possible with the consent of the competition director, however the band must not march with the team, must be standing in one place

D. Outfit

- 1) The nature of the category allows the use of any costume, to express a specific theme and character of the music
- 2) The costume may, but does not have to, include elements of traditional majorette clothing.
for men: See Basic definition/Costumes: [Link: 1.8.\)](#)

E. Equipment: 1 pair of pompon/ competitor

F. Obligatory elements

1. All age classes

- a. 2 pictures
- b. 2 waves

2. Cadet:

- a. No other obligatory element

3. Junior

- a. 3 different element of floor exercise/acrobatic/ jump/ flexibility/turn/turn
- b. Combination of 2 different elements 1x – moving in one direction
- c. Lifting 1x

4. Senior

- a. 3 different element of floor exercise/ acrobatic/jump/ flexibility/ turn
- b. Combination of 3 different element 1x - moving in one direction
- c. Lifting 1x

III.5.2 POMPON TEAM STAGE ROUTINE– ABBREV. POM STAGE

A. Specially

1. Stage Routine
2. Stage: 12x12 metres. Height: 7 metres.
3. Protective zone is 2 metres along all the sides-lines of stage.
4. Time: 2:30- 3:00 minutes

B. Performance**1. Characterization**

Movement technique have to comply with music and express correctly the character of the category and the Pompon

2. Elements of movement

- a. The Routine may include components and motifs of any recognizable dance styles if they correspond with the character of the music.
- b. Used dance technique must be clearly visible and used.
- c. All kind of elements of the ' Movement of Majorette-sport ' are required parts of the Routine, shall be carried out as part of the Routine and shall be continuously adapted to the practice. They cannot be done on their own, but in relation to the equipment, the executed element, the shapes and the figures. See: [GUIDE - MOVEMENT MATERIAL OF MAJORETTE-SPORT](#)

C. Music

1. Any styles of music can be used to fulfil modern ideas, but they must always match the nature of category.
2. Techno, heavy-metal, hard rock, DB and similar or related songs are not allowed.
3. Utilization of live music (own orchestra) is possible only with the approval of the organizers, however it has to stand in one place.

D. Outfit

1. The nature of the category allows the use of any costume, to express a specific theme and character of the music and dance-style.
2. The costume may, but does not have to, include elements of traditional majorette clothing.
for men: See Basic definition/Costumes: [Link: 1.8.\)](#)

E. Equipment: 1 pair of pompon/competitor**F. Obligatory elements****1. All age classes**

- a. 2 pictures
- b. 2 waves

2. Cadet:

- a. 3x different elements of floor exercise/acrobatic/jump/flexibility/turn

3. Junior

- a. 3x different element of floor exercise/acrobatic/jump/flexibility/turn
- b. Combination of 2 different elements 1x - moving in one direction
- c. Lifting 2x

4. Senior

- a. 3x different element of floor exercise/acrobatic/jump/flexibility/turn
- b. Combination of 3 different element 1x - moving in one direction
- c. Lifting 2x

III.6.) TRADITIONAL POMPON TEAM COMPLEX OF MARCH AND STAGE ROUTINE

Special rules:

1. Teams (8 - 25 members)
2. Cadet, Junior, Senior age
3. For women and men (1/6 of the members can be men)
4. Every TRAD BAT team must do the March and the Stage Routine
5. March and Stage Routine must be performed by the same competitors.
6. Performing the same Routine or using the same music in marching and on the stage is forbidden.
7. One of the majorettes of the team must be the Captain who is clearly marked. Captain leads the whole team.
8. Greeting after entry and in the final pose is mandatory.

III.6.1. TRADITIONAL POMPON TEAM MARCH ROUTINE– ABBREV. TRAD POM MARCH**A. Specially**

1. March Routine
2. Competition route:
 - a. 60 meters long, 6 meters wide.
 - b. Route can have up to 4 bends however the whole route must be clearly seen by adjudicators
 - c. It must be flat and smooth, without disturbances up to 7 meters in height
 - d. Protective zone: 2 meters along the side-lines, an entering and leaving area, 10 meters long, and 6 meter wide
3. Time: maximum 2 minutes

B. Marching**1. Characterization**

- a. The marching steps must be clearly distinguishable and decisive.
- b. In order to move forward, the marching steps must be performed in a decisive percentage in the direction of progress.
- c. The technique of the movement and the technique of the step must be appropriate to the music and correctly reflect the nature of the category.
- d. The most important criterion is synchronization.
- e. The basic style of traditional majorette requires keeping the body beautiful, proper marching, keeping columns, rows punctually, standing in one place, changing directions horizontally, and using the pompon in synchrony. The whole formation is required to work synchronously. Only the captain and certain subgroups may deviate from this.

2. The smoothness of the tempo

- a. The marching and other movement must be balanced at all stages of the route, no long dips or running can be used.
- b. It is forbidden to stop and perform choreography on the spot.
- c. A short stop or reverse motion is allowed only to change the shape or the pattern.

3. Elements movement

- a. Sitting, lying, jump/leap, elements of floor exercises/acrobatic, supports, lifting are forbidden. See: [GUIDE - MOVEMENT MATERIAL OF MAJORETTE-SPORT](#)

C. Music

1. Must be military march, with 2/4 rhythm.
2. Must be composed and arranged for symphonic orchestra, philharmonics, brass band, marching band, fanfare orchestra, and percussion band, big band, dancing band, jazz- or Dixieland band.
3. It is forbidden that music is performed by a computer (except basic computer cutting and mixing), or that any part of the music is played by electronic instruments such as rhythm-machine, synthesizer.
4. Utilization of live music (own orchestra) is possible only with the consent of the organizers.
5. Orchestra is allowed to march with majorettes as accompaniment or make a show performance together in parade march or provide a music accompaniment while standing.
6. A show that was performed together provides an advantage in judgment.

D. Outfit

for all

1. Competitors must wear uniforms
2. Costume must make an impression of stylized military uniform
3. All costumes must be the same
4. Captain must be clearly marked (different uniforms, colours, rank symbols etc.)
5. Costumes must be made from matte material only. Sequined and shiny material is not allowed. Ribbons, braiding, buttons and epaulettes (in antique gold or silver) may only be used as an accessory on the uniform.
6. Glitter on the hair is not allowed
7. Hat or shako is obligatory
8. Jacket is obligatory

for women

1. Long sleeved dress or dress/ skirt is obligatory
2. Trousers are forbidden
3. Boots are obligatory for seniors, recommended for juniors and cadets

for men: See Basic definition/Costumes: [Link: 1.8.](#)

E. Equipment:

- 1 pair of pompon/competitor
- Whistle used by the captain is allowed

F. Obligatory elements

There are not obligatory elements

III.6.2. TRADITIONAL POMPON STAGE TEAM – ABBREV. TRAD POM STAGE

A. Specially

1. Stage Routine
 - a. 12x12m. Height: 7 m
 - b. Protective zone: 2 meters along the side-lines
2. Time: 2.30-3.00
3. Greeting after entry and in the final pose is mandatory

B. Performance**1. Characterization**

- a. It must contain marching-step sequences
- b. The technique of the movement must be appropriate to the music and correctly reflect the nature of the category
- c. The most important criterion is synchronization
- d. The basic style of traditional majorette requires keeping the body beautiful, proper marching, keeping columns, rows punctually, standing in one place, changing directions horizontally, and using the baton in synchrony. The whole formation is required to work synchronously. Only the captain and certain subgroups may deviate from this.

2. The smoothness of the tempo

- a. The marching and other movement must be balanced at all stages of the route; no long dips or running can be used in large quantities.
- b. It is forbidden to stop and perform choreography on the spot.
- c. A short stop or reverse motion is allowed only to change the shape or the pattern.

3. Elements of movement

- a. Sitting, lying, jump/leap, elements of floor exercises/acrobatic, supports, lifting are forbidden. See: [GUIDE - MOVEMENT MATERIAL OF MAJORETTE-SPORT](#)

C. Music

1. Musical works of different dance-style can be used, but it must correspond with the nature of the category and the pompon
2. Music must be composed and arranged for symphonic orchestra, philharmonics, brass band, marching band, fanfare orchestra, percussion band, big band, dancing band, jazz- or Dixieland band
3. It is forbidden that any part of the music is performed by computer (except basic computer cutting and mixing), or that any part of the music is played by electronic instruments such as rhythm-machine, synthesizer
4. Utilization of live music (own orchestra) is possible only with the consent of the organizers
5. Orchestra is allowed to provide a music accompaniment while standing

D. Outfit**for all**

1. Specific costume is allowed to express a specific theme and character of the music
2. All costumes must be the same
3. Transparent materials without under layer is not allowed
4. Costumes must be made from matte material only. Sequined and shiny material is not allowed.
5. Glitter on the hair is not allowed

for women

1. Dress: can be sleeveless, but chest-, belly- and back covered with costume
2. Short- sleeved or sleeveless dress must be worn with long (3/4) gloves,
- ~~3.~~ Some cap-imitation on the head is obligatory, headdress matching with costumes is accepted
4. Costume with skirt is obligatory
5. Trousers are forbidden
6. Boots are obligatory for seniors, recommended for juniors and cadets

for men: See Basic definition/Costumes: [Link: 1.8.](#))

E. Equipment

1. 1 pair of pompon/competitor
2. Whistle used by the captain is allowed

F. Obligatory elements

There are not obligatory elements.

III.7.) TRADITIONAL MACE TEAM COMPLEX OF MARCH AND STAGE ROUTINE

Special rules:

1. Teams (8 - 25 members)
2. Cadet, Junior, Senior age
3. For women and men (1/6 of the members can be men)
4. Every TRAD MACE team must do the March and the Stage Routine.
5. March and Stage Routine must be performed by the same competitors
6. Performing the same Routine or using the same music in marching and in stage Routine is forbidden
7. One of the majorettes of the team must be the Captain who is clearly marked. Captain leads the whole team
8. Greeting after entry and in the final pose is mandatory

III.7.1 TRADITIONAL MACE TEAM MARCH ROUTINE– ABBREV. MACE MARCH**A. Specially**

1. March Routine
2. Competition route:
 - a. 60 meters long, 6 meters wide.
 - b. Route can have up to 4 bends however the whole route must be clearly seen by adjudicators
 - c. It must be flat and smooth, without disturbances up to 7 meters in height
 - d. Protective zone: 2 meters along the side-lines, an entering and leaving area, 10 meters long, and 6 meter wide.
3. Time: maximum 2 minutes

B. The emphasis of the routine is on the throws.**C. Marching****1. Characterization**

- a. The marching steps must be clearly distinguishable and decisive
- b. In order to move forward, the marching steps must be performed in a decisive percentage in the direction of progress
- c. The technique of the movement and the technique of the step must be appropriate to the music and correctly reflect the nature of the category
- d. The most important criterion is synchronization
- e. The basic style of traditional majorette requires keeping the body beautiful, proper marching, keeping columns, rows punctually, standing in one place, changing directions horizontally, and using the baton in synchrony. The whole formation is required to work synchronously. Only the captain and certain subgroups may deviate from this.

2. The smoothness of the tempo

- a. The marching and other movement must be balanced at all stages of the route; no long dips in large quantities, or running can be used
- b. It is forbidden to stop and perform choreography on the spot
- c. A short stop or reverse motion is allowed only to change the shape or the pattern

D. Elements movement

- a. a Sitting, lying, jump/leap, elements of floor exercises/acrobatic, supports, lifting are forbidden. See: [GUIDE - MOVEMENT MATERIAL OF MAJORETTE-SPORT](#)

E. Music

1. Must be very traditional military march
2. Must be composed and arranged for symphonic orchestra, philharmonics, brass band, marching band, fanfare orchestra, and percussion band, big band, dancing band, jazz- or Dixieland band.
3. It is forbidden that music is performed by a computer (except basic computer cutting and mixing), or that any part of the music is played by electronic instruments such as rhythm-machine, synthesizer
4. Utilization of live music (own orchestra) is possible only with the consent of the organizers.
5. Orchestra is allowed to march with majorettes as accompaniment or make a show performance together in parade march or provide a music accompaniment while standing. A show that was performed together provides an advantage in judgment

F. Outfit

for all

1. Competitors must wear very traditional military uniforms based on 19th century or earlier.
2. All costumes must be the same
3. Costumes must be made from matte material only. Sequined and shiny material is not allowed. Ribbons, braiding, buttons and epaulettes (in antique gold or silver) may only be used as an accessory on the uniform.
4. Glitter on the hair is not allowed.
5. Mandatory parts of the mace- uniform: hat/ shako, jacket

for women

1. Long sleeved dress or dress or skirt with jacket
2. Trousers are forbidden
3. Boots are obligatory for seniors, recommended for juniors and cadets.

for men:See Basic definition/Costumes: [Link: 1.8.](#)

G. Equipment:

1. 1 mace/competitor
2. Whistle used by the captain is allowed.

H. Obligatory elements

1. Minimum of 12 throws: 6x all the members, 6x a subgroup
2. Contacts, aerals and simple rolls are allowed (roll combination, continuous roll are forbidden)

III.7.2 TRADITIONAL MACE STAGE TEAM – ABBREV. TRAD MACE STAGE TEAM

A. Specially

1. Stage Routine
2. Stage: 12x12 metres. Height: 7 metres.
3. Protective zone is 2 metres along all the sides-lines of stage.
4. Time: 2:30- 3:00 minutes

A. Performance**1. Characterization**

- a. The marching steps must be clearly distinguishable and decisive
- b. Motives of folk dances and ballroom dances are acceptable
- c. In order to move forward, the marching steps must be performed in a decisive percentage in the direction of progress
- d. The technique of the movement and the technique of the step must be appropriate to the music and correctly reflect the nature of the category
- e. The most important criterion is synchronization
- f. The basic style of traditional majorette requires keeping the body beautiful, proper marching, keeping columns, rows punctually, standing in one place, changing directions horizontally, and using the baton in synchrony. The whole formation is required to work synchronously. Only the captain and certain subgroups may deviate from this.
- g. The emphasis in the routine is on the throws

2. The smoothness of the tempo

- a. The marching and other movement must be balanced at all stages of the route, no long dips or running can be used in large quantities
- b. It is forbidden to stop and perform choreography on the spot
- c. A short stop or reverse motion is allowed only to change the shape or the pattern

3. Elements movement: sitting, lying, jump/leap, acrobatic, supports, liftings are forbidden. See: [GUIDE - MOVEMENT MATERIAL OF MAJORETTE-SPORT](#)**B. Music**

1. Must be very traditional military march
2. Must be composed and arranged for symphonic orchestra, philharmonics, brass band, marching band, fanfare orchestra, and percussion band, big band, dancing band, jazz- or Dixieland band.
3. It is forbidden that music is performed by a computer (except basic computer cutting and mixing), or that any part of the music is played by electronic instruments such as rhythm-machine, synthesizer
4. Utilization of live music (own orchestra) is possible only with the consent of the organizers.
5. Orchestra is allowed to provide a music accompaniment while standing.

C. Outfit

1. Competitors must wear very traditional military uniforms based on 19th century or earlier
2. All costumes must be the same
3. Captain must be clearly marked (different uniforms, colours, rank symbols etc.)
4. Costumes must be made from matte material only. Sequined and shiny material is not allowed. Ribbons, braiding, buttons and epaulettes (in antique gold or silver) may only be used as an accessory on the uniform.
5. Glitter on the hair is not allowed
6. Mandatory parts of the mace- uniform: hat/ shako, jacket

for women

1. Skirt with a jacket, or long-sleeved dress
2. Trousers are forbidden
3. Boots are obligatory for seniors, recommended for juniors and cadets

for men: See Basic definition/Costumes: [Link: 1.8.](#)**D. Equipment:**

1. 1 Mace/competitor
2. Whistle used by the captain is allowed(it is not compulsory)

E. Obligatory elements

1. Minimum of 12 throws: 6x all the members, 6x a subgroup
2. Contacts, aerials and simple rolls are allowed (roll combination, continuous roll are forbidden)

III.8.) MIXTURE TEAM– ABBREV. MIX TEAM**A. Specially**

1. Stage Routine
2. Teams (8 - 25 members)
3. Cadet, Junior, Senior age
4. For women and men (1/6 of the members can be men)
5. Using of batonflag only in junior and senior age
6. Stage: 12x12 metres. Height: 7 metres.
7. Protective zone is 2 metres along all the sides-lines of stage.
8. Time: 2:30 3:00 minutes
9. A combination of 2 different equipment must be used
 - BAT and POM
 - BAT and FLAG
 - POM and FLAG
10. The equipment should be used in a balanced ratio of BAT: POM or BAT: FLAG or POM: FLAG
11. Competitors must exchange the 2 used equipment between the members of the team
12. Required time period of using of each equipment is about 50-50 %, with the possibility of 50% of the used music +15 sec. A different time ratio is penalised
13. In case of odd number of competitors, one competitor does not have to make the exchange
14. Competitors must work with both equipment continuously
15. Required element (as movement, choreography and equipment) are determined by the used two equipment

B. Performance**1. Characterization**

- a. Movement technique have to comply with music and express correctly the character of the category and the used equipment
- b. It must contain a marching step sequence

2. Elements of movement

- a. The Routine may include components and motifs of any recognizable dance styles if they correspond with the character of the music
- b. Used dance technique must be clearly visible and used
- c. With pompon:

All kind of elements of movement material are required part of the Routine. **See: [GUIDE - MOVEMENT MATERIAL OF MAJORETTE-SPORT](#)**

 - shall be carried out as part of the Routine and shall be continuously adapted to the practice. They cannot be done on their own, but in relation to the equipment, the executed element, the shapes and the figures.
- d. With baton and batonflag:
 - Balance and flexibility elements, skips, jumps/ leaps and turns may be parts of the Routine, as long they fit the program continuously, not in their own right, but in relation to the equipment, the executed element, shapes and diagrams.
 - Lifting, split and bridge only in the final pose is allowed.

C. Music

1. Any styles of music can be used to fulfil modern ideas, but they must always match the nature of the category and used equipment
2. The rhythm and tempo of the music is not specified, but it should be possible to incorporate marching steps in the composition
3. Techno, heavy-metal, hard rock, DB and similar or related songs are not allowed

D. Outfit

1. The nature of the category allows the use of any costume
2. Music, dance style and theme are decisive.
3. The costume may, but does not have to, include elements of traditional majorette clothing
for men: [See Basic definition/Costumes: Link: 1.8.\)](#)

E. Equipment: 1 baton, or 1 batonflag, or 1 pair of pompon/competitor

F. Obligatory elements

1. Pompon

a. All age classes

- a. 2 pictures
- b. 2 waves

b. Cadet:

- a. 3 different element of floor exercise/ acrobatic/ jump/ flexibility/turn.

c. Junior

- a. 3 different element of floor exercise/ acrobatic/ jump/ flexibility/turn,
- b. combination of 2 different elements 1x – moving in one direction,
- c. lifting 2x.

d. Senior

- a. 3 different element of floor exercise/ acrobatic/ jump/ flexibility/turn,
- b. combination of 3 different element 1x - moving in one direction,
- c. lifting 2x.

2. Baton and batonflag

a. Cadet

- a. 2 x at least dead throw (1x all members, 1 x minimum subgroup).
- b. 1 x short-distance exchange between all members.
- c. At least 5 different elements from level I –IV, in equal proportions of left and right hands.

b. Junior

- a. 2 x high throw without turn (1x all members, 1 x minimum subgroup).
- b. 1 x high throw with spin (all members).
- c. 1 x long-distance exchange by throwing between all members.
- d. At least 7 different elements from level I –V, in equal proportions of left and right hands.

c. Senior

- a. 2 x high throw without turn (1x all members, 1 x minimum subgroup).
- b. 2 x high throw with spin (1x all members, 1x minimum subgroup).
- c. 2 x long-distance exchange by throwing (1x all members, 1x minimum subgroups).
- d. At least 7 different elements from level I –VI, in equal proportions of left and right hands.
- e. The elements are used in combinations, the aerials are performed to continuous rotation.

III.9.) BATONFLAG TEAM– ABBREV. FLAG TEAM**A. Specially**

Special rules:

1. Teams (8 - 25 members)
2. Junior, Senior age
3. For women and men (1/6 of the members can be men)
4. Stage: 12x12 metres. Height: 7 metres.
5. Protective zone is 2 metres along all the sides-lines of stage.
6. Time: 2:30- 3:00 minutes

B. Performance**1. Characterization**

- a. It must contain marching-step sequences, there may be a greater proportion of other movement elements

2. Elements of movement

- a. The Routine may include components and motifs of any recognizable dance styles if they correspond with the character of the music
- b. Used dance technique must be clearly visible and used
- c. Balance and flexibility elements, skips, jumps/leaps and turns may be parts of the Routine, as long they fit the program continuously, not in their own right, but in relation to the equipment, the executed element, shapes and diagrams. See: [GUIDE - MOVEMENT MATERIAL OF MAJORETTE-SPORT](#)
- d. Lifting, split and bridge only in the final pose is allowed.

C. Music

The rhythm and tempo of the music is not specified, but it must be possible to incorporate marching steps into the composition

D. Outfit

1. Specific costume is allowed to express a specific theme and character of the music
2. The use of transparent materials (lace, skin, nylon and the like) in the upper part without a liner is not permitted
3. Must include some elements of traditional majorette clothing
4. Individual variations, different folk motifs, national costume elements are allowed.

for women

1. Dress: can be sleeveless, but chest-, belly- and back covered with costume
2. The skirt is obligatory.
3. Trousers are forbidden.
4. Some cap-imitation on the head is obligatory, headdress matching with costumes is accepted.
5. Boots are obligatory for seniors, recommended for juniors and cadets.

for men: See Basic definition/Costumes: [Link: 1.8.](#)

E. Equipment: 1 Batonflag/ competitor**F. Obligatory elements****1. Junior**

- a. 2 x high throw without turn (1x all members, 1 x minimum subgroup)
- b. 1 x high throw with spin (all members)
- c. 1 x long-distance exchange by throwing between all members
- d. At least 7 different elements from level I –V, in equal proportions of left and right hands

1. Senior

- a. 2 x high throw without turn (1x all members, 1 x minimum subgroup)
- b. 2 x high throw with spin (1x all members, 1x minimum subgroup)
- c. 2 x long-distance exchange by throwing (1x all members, 1x minimum subgroups)
- d. At least 7 different elements from level I –VI, in equal proportions of left and right hands
- e. The elements are used in combinations, the aerials are performed to continuous rotation

III.10.) DRUMMERS' TEAM– ABBREV. DRUM**A. Specially**

1. Stage Routine
2. Teams (8 - 25 members)
3. Junior, Senior age
4. For women and men (1/6 of the members can be men)
5. Cadet, Junior, Senior age

Age Restrictions:

In the junior age it is allowed for up to 20% of the participants to be from the higher age category

The age of the participants from the senior should not be over two years older than 16

Limit of the participation of seniors in the junior:

- 8-12 juniors 2 seniors
- 13-17 juniors 3 seniors
- 18-22 juniors 4 seniors
- 22-25 juniors 5 seniors

6. Stage: 12x12 metres. Height: 7 metres.
7. Protective zone is 2 metres along all the sides-lines of stage.
8. Time: 2:30- 3:00 minutes

B. Performance**1. Characterization**

- a) It must contain marching-step sequences.
- b) There may be a greater proportion of other movement elements.
- c) During the time of the performance there has to be a rhythmic drum pattern, twirling, dance combinations and marching.
- d) The participants are not allowed to be in a static position during the time of the performance.
- e) The participants have to move constantly and the same time perform on the drums
- f) The ratio for the required elements during the implementation of the Routine:
 - A rhythmic pattern by the Drummers: 50%
 - Twirling with drumstick: 20%
 - Choreographic Composition: 30%
- g) The entry and exit of the scene should be done without music and drum accompaniment.

2. Elements of movement

- a. The Routine may include components and motifs of any recognizable dance styles if they correspond with the character of the music.
- b. Used dance technique must be clearly visible and used.
- c. Balance, flexibility elements, skips may be parts of the Routine, as long they fit the program continuously, not in their own right, but in relation to the equipment, the executed element, shapes and diagrams. See: [GUIDE - MOVEMENT MATERIAL OF MAJORETTE-SPORT](#)
- d. Elements of jumps, floor exercises, acrobatic figures, lifting are forbidden.

C. Music

1. It is possible for the group to perform without musical accompaniment. In this case, the music is drum rolls, performed by members of the group.
2. The rhythm and tempo of the music is not specified, but it must be possible to incorporate marching steps into the composition.

D. Outfit

1. Competitors must wear uniforms.
2. Costume must make an impression of stylized military uniform.
3. All costumes must be the same.
4. Jacket is obligatory.
5. Hat or shako is obligatory.
6. Glitter on the hair is not allowed.

for women

1. Long sleeved dress or dress/ skirt is obligatory.
2. Trousers are forbidden.
3. Boots are obligatory for seniors, recommended for juniors and cadets.

for men: See Basic definition/Costumes: [Link: 1.8.](#))

E. Equipment

1. One drum (possibly in a different configuration) for each of the majorettes
2. Two drumsticks for each majorette
3. It is allowed to have extra drumsticks to replace the originals in case they fall during a performance (they should be placed either in a special pouch that is attached the belt or the boot of the majorettes)
4. It is allowed to use additional equipment (for example a Drum-Major, flags, etc.) for the captain. But it cannot be put on the stage during the Routine.
5. The drum should be in a suspended position for the Routine.
6. It is not allowed to place the drum on the stage and perform a dance without the drum.

F. Obligatory elements

Junior

- a) 2 x simple throws of the drumsticks (all members)
- b) 1 x throw with twirling of the stick (all members)
- c) 1 x throwing of the stick to each other (all members)
- d) Using 4 rhythmic drum patterns and 4 dance compositions at the same time
- e) All components must be used in combinations.

Senior

- a) 2 throwing the drumsticks with a rotation (all members)
- b) 2 throwing the drumsticks over their heads back to their partner (1 x all members, 1x subgroup)
- c) 1 throwing the drumsticks to each other to the side in a circle (all members)
- d) 1 throwing of a stick one hand while other hand plays drums (all members)
- e) At the same time, use 6 rhythmic drum patterns and 7 dance compositions.
- f) All components must be used in combinations.

III.11.) BANNIERS' TEAM- ABBREV. BAN**A. Specially**

1. Stage Routine
2. Team (8 -25 members)
3. Junior, Senior age
4. Woman and men
5. Ratio of the women should be at least 50 %+1 member.
6. Stage: 12x 12 metres. Height 7 metres.
7. Protective zone is 2 metres along the side lines of all the sides of stage.
8. Time: 2:30- 3:00 minutes
9. Additional, unused equipment may be placed on the floor just outside the demarcated stage area.
10. Placed equipment should not deteriorate the stage image.

B. Performance**1. Characterization**

- a. It must contain marching-step sequences, there may be a greater proportion of other movement elements.
- b. The Routine is based around the Tall Flags

2. Elements of movement

- a. The Routine may include components and motifs of any recognizable dance styles if they correspond with the character of the music.
- b. Used dance technique must be clearly visible and used.
- c. Balance and flexibility elements, skips, jumps/ leaps and turns may be parts of the Routine, as long they fit the program continuously, not in their own right, but in relation to the equipment, the executed element, shapes and diagrams. See: [GUIDE - MOVEMENT MATERIAL OF MAJORETTE-SPORT](#)
- d. Lifting, Split and bridge only in the final pose is allowed.

C. Music

The rhythm and tempo of the music is not specified, but it must be possible to incorporate marching steps into the composition

D. Outfit

1. Specific costume is allowed to express a specific theme and character of the music.
2. The use of transparent materials in the upper part without a liner is not permitted.
3. Must include some elements of traditional majorette clothing.
4. Individual variations, different folk motifs, national costume elements are allowed.

for women

1. Dress: can be sleeveless, but chest-, belly- and back covered with costume
2. The skirt is obligatory.
3. Trousers are forbidden.
4. Some cap-imitation on the head is obligatory, headdress matching with costumes is accepted.
5. Boots are obligatory for seniors, recommended for juniors and cadets.

for men: See Basic definition/Costumes: [Link: 1.8.](#))

E. Qualified Equipment

- 1) 1 Tall Flag
- 2) 1 Rifle
- 3) 1 Sabre
- 4) 2 pieces of Double flag/ competitor

F. Specification of equipment technique:

1. The Routine is based around the Tall flags, they are the dominant qualified equipment
2. Emphasis is placed on skill and handling of various equipment while performing variety of drill and movement formations
3. If Tall Flags are used together with Double Flags then this must be in equal proportions during the display (50% / 50%).
4. Double Flags must always be used as two pieces and may not be used as a single item to mimic a Tall Flag.
5. Effective use of qualified equipment is required
6. Belt buckets can be used
7. All equipment must be continuously used and manipulated
8. Equipment can be exchanged during the Routine; however, members must use/manipulate one piece at all times
Exception: Member(s) can be without equipment for a short while (maximum period of 8 counts) when changing from one piece of equipment to another

G. Obligatory elements

There are not obligatory elements

III.12.) SHOW-MAJORETTE TEAM- ABBREV. SHOW**A. Specially**

1. Stage Routine
2. Teams (8 - 25 members)
3. Cadet, Junior, Senior age
4. For women and men (1/6 of the members can be men)
5. Stage: 12x12 metres. Height: 7 metres.
6. Protective zone is 2 metres along all the sides-lines of stage.
7. Time: 2:30- 3:00 minutes
8. Additional, unused equipment may be placed on the floor just outside the demarcated stage area.
9. Teams must carry all equipment in and out of the stage in the shortest period of time.
10. Placed equipment should not deteriorate the stage image.

B. Performance**1. Characterization**

- a. Movement technique have to comply with music and express correctly the character of the category and the used equipment.
- b. It must contain a marching step sequence.
- c. The routine must have a title, put on the scoring sheet and stated by the broadcaster.
- d. The main focus is the qualified MS equipment and dance combinations.
- e. Theme should be expressed by:
 - music (not lyrics!)
 - costumes and make-up
 - choreography
 - equipment

2. Elements of movement

- a. The Routine may include components and motifs of any recognizable dance styles if they correspond with the character of the music.
- b. Used dance technique must be clearly visible and used.
- c. All kind of elements of the 'Movement of Majorette-sport' are required parts of the Routine, shall be carried out as part of the Routine and shall be continuously adapted to the practice. They cannot be done on their own, but in relation to the equipment, the executed element, the shapes and the figures. See: [GUIDE - MOVEMENT MATERIAL OF MAJORETTE-SPORT](#)

C. Music

1. Freely chosen, unique music
2. The rhythm and tempo of the music is not specified, but it must be possible to incorporate marching steps into the composition.

D. Outfit

1. The costume may, but does not have to, include elements of traditional majorette clothing.
2. Determined by music, dance style and the theme.

for men: See Basic definition/Costumes: [Link: 1.8.](#))

E. Equipment:

1. Qualified equipment: Baton, batonflag, mace, pompon, qualified banner- equipment.
2. One qualified equipment plus a minimum of two different other equipment is obligatory.
3. As "Other equipment" are considered all the objects which the competitors work with one- or two- or both hands, make different elements with it- when expressing the theme through their movements
4. Number of qualified equipment equals with the number of competitors in the Routine (except double flag and pompon).
5. The other equipment are to be used to complement the routine and to show the theme.
6. Unnecessary equipment which is used only for a short time is penalized.
7. It is possible to use any equipment –as "other", however using baton, batonflag, mace, banners or pompon are prohibited.

8. The Routine must always be performed with the equipment- means the total period of time they have to be carried out and used -it cannot be just a dance choreography without equipment Exception: Member(s) can be without authorized equipment for a short while (maximum period of 8 counts) when changing from one piece of equipment to another.
9. Equipment can be exchanged during the Routine; however, members must use/hold/touch/manipulate one piece at all times.
10. The competitors must start and finish holding or touching an equipment with a part of the body.
 - a. During the performance placing equipment on the ground is allowed only in order to exchange them.
 - b. Replaced equipment cannot be left on the stage at the end of choreography.
11. Accessories
 - a. Accessories shall not be higher than 3 metres as they enter and leave the floor.
 - b. Additional, unused equipment and accessories can be placed on the stage area (in the line).
 - c. Placed equipment should not worsen the stage image.

F. Obligatory elements

There are not obligatory elements.

III.13.) BATON MINIFORMATION – ABBREV. BAT MINI**A. Specially**

1. Stage Routine
2. 4-7 members
3. For women and men
4. In case of
 - 6 or 7 members – 3 men,
 - 4 or 5 members – 2 men are allowed.
5. Cadet, Junior, Senior age
6. Stage: 12x12 metres. Height: 7 metres.
7. Protective zone is 2 metres along all the sides-lines of stage.
8. Time: 1.15-1.30 minutes

B. Performance**1. Characterization**

- a. It must contain marching-step sequences, there may be a greater proportion of other movement elements.

2. Elements of movement

- a. The Routine may include components and motifs of any recognizable dance styles if they correspond with the character of the music.
- b. Used dance technique must be clearly visible and used.
- c. Balance and flexibility elements, skips, jumps/ leaps and turns may be parts of the Routine, as long they fit the program continuously, not in their own right, but in relation to the equipment, the executed element, shapes and diagrams. See: [GUIDE - MOVEMENT MATERIAL OF MAJORETTE-SPORT](#)
- d. Lifting, split and bridge only in the final pose is allowed

C. Music

1. The rhythm and tempo of the music is not specified, but it must be possible to incorporate marching steps into the composition.

D. Outfit

1. Specific costume is allowed to express a specific theme and character of the music.
2. The use of transparent materials (lace, skin, nylon and the like) in the upper part without a liner is not permitted.
3. Must include some elements of traditional majorette clothing.
4. Individual variations, different folk motifs, national costume elements are allowed.

for women

1. Dress: can be sleeveless, but chest-, belly- and back covered with costume
2. Trousers are forbidden.
3. Some cap-imitation on the head is obligatory, headdress matching with costumes is accepted

for men: See Basic definition/Costumes: [Link: 1.8.](#))

E. Equipment: 1 baton/ competitor**F. Obligatory elements****Cadet**

- a. 2 x at least dead throw (1x all members, 1 x minimum subgroup)
- b. 1 x short-distance exchange between all members
- c. At least 5 different elements from level I –IV, in equal proportions of left and right hands

Junior

- a. 2 x high throw without turn (1x all members, 1 x minimum subgroup)
- b. 1 x high throw with spin (all members)
- c. 1 x long-distance exchange by throwing between all members.
- d. At least 7 different elements from level I –V, in equal proportions of left and right hands

Senior

- a. 2 x high throw without turn (1x all members, 1 x minimum subgroup)

- b. 2 x high throw with spin (1x all members, 1x minimum subgroup)
- c. 2 x long-distance exchange by throwing (1x all members, 1x minimum subgroups)
- d. At least 7 different elements from level I –VI, in equal proportions of left and right hands
- E. The elements are used in combinations, the aerials are performed to continuous rotation

III.14.) FREESTYLE BATON MINIFORMATION – ABBREV. FREE MINI**A. Specially**

1. Stage Routine
2. 4-7 members
3. For women and men
4. In case of
 - 6 or 7 members – 3 men,
 - 4 or 5 members – 2 men are allowed.
5. Cadet, Junior, Senior age
6. Stage: 12x12 metres. Height: 7 metres.
7. Protective zone is 2 metres along all the sides-lines of stage.
8. Time: 1.15-1.30 minutes

B. Performance**1. Characterization**

It is not necessary contain marching-step sequences.

The style of the Routine must not be depressing (pain, suffering, death, etc.)

2. **Elements of movement technique:** all kind of movement material of majorette-sport should be involved. **See:** [GUIDE - MOVEMENT MATERIAL OF MAJORETTE-SPORT](#)

C. Music

Freely chosen, unique music.

D. Outfit

1. Specific costume is allowed to express a specific theme and character of the music
2. The use of transparent materials in the upper part without a liner is not permitted

for women

1. Dress: can be sleeveless, but chest-, belly- and back covered with costume
2. Headdress should not be required
3. Trousers are allowed

for men: See Basic definition/Costumes: [Link: 1.8.](#))

All male performers' costumes must include a shirt that is fastened, however it can be sleeveless

E. Equipment: 1baton /competitor**F. Obligatory elements**

Cadet:

- a) Right hand flourish-whip / 4 right hand flips continuously for all
- b) Free preparation / scissor kick with dead baton for a subgroup
- c) 1 x short-distance exchange between all members

Junior

- a) Left hand flourish-whip backward-right hand on hip / left hand reverse flip – right hand on hip / right hand reverse clockwise – standing on tiptoe – left hand on straight down / right hand backhand catch – left lounge for all
- b) Free preparation - right hand horizontal throwing - stag leap (take off from one foot) / catch with right hand for a subgroup
- c) 1 x long-distance exchange by throwing between all members

Senior

- a) left/right hand flip-illusion- left/right hand catch for a subgroup
- b) Back fish-angel-stop position: high side leg kick for a subgroup
- c) 1 x short-distance exchange with spin between all members

III.15.) POMPON MINIFORMATION – ABBREV. POM MINI**A. Specially**

1. Stage Routine
2. 4-7 members
3. For women and men
4. In case of
 - 6 or 7 members – 3 men,
 - 4 or 5 members – 2 men are allowed
5. Cadet, Junior, Senior age
6. Stage: 12x12 metres. Height: 7 metres.
7. Protective zone is 2 metres along all the sides-lines of stage.
8. Time: 1.15-1.30 minutes

B. Performance**1. Characterization**

Movement technique have to comply with music and express correctly the character of the category and the Pompon

Elements of movement

- a. The Routine may include components and motifs of any recognizable dance styles if they correspond with the character of the music
- b. Used dance technique must be clearly visible and used
- c. All kind of elements of the ' Movement of Majorette-sport ' are required parts of the Routine, shall be carried out as part of the Routine and shall be continuously adapted to the practice. They cannot be done on their own, but in relation to the equipment, the executed element, the shapes and the figures. See: [GUIDE - MOVEMENT MATERIAL OF MAJORETTE-SPORT](#)

C. Music

1. Any styles of music can be used to fulfil modern ideas, but they must always match the nature of category.
2. Techno, heavy-metal, hard rock, DB and similar or related songs are not allowed

D. Outfit

1. The nature of the category allows the use of any costume
2. Determined by music, dance style and the theme.
3. The costume may, but does not have to, include elements of traditional majorette clothing.

for men: [See](#) Basic definition/Costumes: [Link: 1.8.](#))

E. Equipment: 1 pair of pompon/competitor**F. Obligatory elements****1. All age classes**

- a. 2 Pictures
- b. 2 waves

2. Cadet

- a. 3 different elements of floor exercise/acrobatic/jump/flexibility/turn

3. Junior

- a. 3 different element of floor exercise/acrobatic/jump/flexibility/turn
- b. Combination of 2 different elements 1x moving in one direction
- c. Lifting 1x

4. Senior

- a. 3 different element of floor exercise/acrobatic/jump/flexibility/turn
- b. Combination of 3 different element 1x – moving in one direction
- c. Lifting 1x

III.16.) MS MACE MINIFORMATION – ABBREV. MACE MINI**A. Specially**

1. Stage Routine
 2. 4-7 members
 3. For women and men
 4. In case of
 - 6 or 7 members – 3 men,
 - 4 or 5 members – 2 men are allowed
 5. Senior age
 6. Stage: 12x12 metres. Height: 7 metres.
 7. Protective zone is 2 metres along all the sides-lines of stage.
 8. Time: 1.15-1.30 minutes

B. Performance**1. Characterization**

- a. It must contain a marching-step sequence, there may be a greater proportion of other movement elements

2. Elements of movement

- a. The Routine may include components and motifs of any recognizable dance styles if they correspond with the character of the music.
- b. Used dance technique must be clearly visible and used.
- c. Balance and flexibility elements, skips, jumps/ leaps and turns may be parts of the Routine, as long they fit the program continuously, not in their own right, but in relation to the equipment, the executed element, shapes and diagrams. See: [GUIDE - MOVEMENT MATERIAL OF MAJORETTE-SPORT](#)
- d. Liftings, split and bridge only in the final pose is allowed.

C. Music

1. The rhythm and tempo of the music is not specified, but it must be possible to incorporate marching steps into the composition.

D. Outfit

1. Specific costume is allowed to express a specific theme and character of the music
2. The use of transparent materials (lace, skin, nylon and the like) in the upper part without a liner is not permitted.
3. Must include some elements of traditional majorette clothing
4. Individual variations, different folk motifs, national costume elements are allowed.

for women

1. Dress: can be sleeveless, but chest-, belly- and back covered with costume
2. Trousers are forbidden.
3. Some cap-imitation on the head is obligatory, headdress matching with costumes is accepted

for men: See Basic definition/Costumes: [Link: 1.8.](#))

E. Equipment: 1 mace/ competitor**F. Obligatory elements****Senior**

- a. 2 x high throw without turn (1x all members, 1 x minimum subgroup)
- b. 2 x high throw with spin (1x all members, 1x minimum subgroup)
- c. 2 x long-distance exchange by throwing (1x all members, 1x minimum subgroups)
- d. At least 7 different elements from level I –VI, in equal proportions of left and right hands
- e. The elements are used in combinations, the aerials are performed to continuous rotation.

III.17.) MIXTURE MINIFORMATION– ABBREV. MIX MINI**A. Specially**

1. Stage Routine
2. 4-7 members
3. For women and men
4. In case of
 - 6 or 7 members – 3 men,
 - 4 or 5 members – 2 men are allowed
5. Cadet, Junior, Senior age
6. Stage: 12x12 metres. Height: 7 metres.
7. Protective zone is 2 metres along all the sides-lines of stage.
8. Time: 1.15-1.30 minutes
9. Batonflag can be used only in junior and senior age
10. A combination of 2 different equipment must be used
 - a. BAT and POM
 - b. BAT and FLAG
 - c. POM and FLAG
11. The equipment should be used in a balanced ratio of BAT: POM or BAT: FLAG or POM: FLAG
12. Competitors must exchange the 2 used equipment between the members of the team.
13. Required time period of using of each equipment is about 50-50 %, with the possibility of 50% of the used music +-10 sec. A different time ratio is penalised.
14. In case of odd number of competitors, one competitor does not have to make the exchange.
15. Competitors must work with both equipment continuously.
16. Important, counted items (as movement, choreography and equipment) are determined by the used two equipment.
17. Stage: 12x12 metres. Height: 7 metres.
18. Protective zone is 2 metres along all the sides-lines of stage.
19. Time: Between 1.15-1.30 minutes

B. Performance**1. Characterization**

- a. Movement technique have to comply with music and express correctly the character of the category and the used equipment.
- b. It must contain a marching step sequence.

2. Elements of movement

- a. The Routine may include components and motifs of any recognizable dance styles if they correspond with the character of the music.
- b. Used dance technique must be clearly visible and used.
- c. With pompon: All kind of elements of the ' Movement of Majorette-sport ' are required parts of the Routine, shall be carried out as part of the Routine and shall be continuously adapted to the practice. They cannot be done on their own, but in relation to the equipment, the executed element, the shapes and the figures. See: [GUIDE - MOVEMENT MATERIAL OF MAJORETTE-SPORT](#)
- d. With baton and batonflag:
 - Balance and flexibility elements, skips, jumps/ leaps and turns may be parts of the Routine, as long they fit the program continuously, not in their own right, but in relation to the equipment, the executed element, shapes and diagrams.
 - Lifting, split and bridge only in the final pose is allowed.

C. Music

1. The rhythm and tempo of the music is not specified, but it must be possible to incorporate marching steps into the composition.

D. Outfit

1. The nature of the category allows the use of any costume.
2. Music, dance style and theme are decisive.
3. The costume may, but does not have to, include elements of traditional majorette clothing.
for men: See Basic definition/Costumes: [Link: 1.8.](#)

E. Equipment: 1 Baton or 1 batonflag or 1 pair of pompon/competitor

F. Obligatory elements: There are no obligatory elements, but “C” field is evaluated on the basis of the used elements

A. IMPORTANT, “COUNTED” ELEMENTS

1. These elements are always determined by the two used equipment and counted in evaluation.
2. From the list of required elements it is free to choose which ones to include in the Routine.
3. During the evaluation the higher number, higher quality, difficulty, greater complexity and more variations is an advantage.

4. Pompon**a. All age classes**

- 2 pictures
- 2 waves

b. Cadet:

- 3 different element of floor exercise/ acrobatic/ jump/ flexibility

c. Junior

- 3 different element of floor exercise/ acrobatic/ jump/ flexibility
- Combination of 2 different elements 1x - moving in one direction
- Lifting 2x

d. Senior

- 3 different element of floor exercise/ acrobatic/ jump/ flexibility
- Combination of 3 different element 1x moving in one direction
- Lifting 2x

5. Baton and batonflag**a. Cadet (not with batonflag!)**

- 2x at least dead throw without turn.
- 1x short distance exchange between all members

b. Junior

- 2 x high throw without turn (1x all members, 1 x minimum subgroup)
- 1 x high throw with spin (all members)
- 1 x long-distance exchange by throwing between all members.
- At least 7 different elements from level I –V, in equal proportions of left and right hands

c. Senior

- 2 x high throw without turn (1x all members, 1 x minimum subgroup)
- 2 x high throw with spin (1x all members, 1x minimum subgroup)
- 2 x long-distance exchange by throwing (1x all members, 1x minimum subgroups)
- At least 7 different elements from level I –VI, in equal proportions of left and right hands
- The elements are used in combinations, the aeriels are performed to continuous rotation.

III.18.) BATONFLAG MINIFORMATION– ABBREV. FLAG MINI**A. Specially**

1. Stage Routine
2. 4-7 members
3. For women and men
4. In case of
 - 6 or 7 members – 3 men,
 - 4 or 5 members – 2 men are allowed
5. Junior, Senior age
6. Stage: 12x12 metres. Height: 7 metres.
7. Protective zone is 2 metres along all the sides-lines of stage.
8. Time: 1.15-1.30 minutes

B. Performance**1. Characterization**

It must contain marching-step sequences, there may be a greater proportion of other movement elements.

2. Elements of movement

- a. The Routine may include components and motifs of any recognizable dance styles if they correspond with the character of the music.
- b. Used dance technique must be clearly visible and used.
- c. Balance and flexibility elements, skips, jumps/ leaps and turns may be parts of the Routine, as long they fit the program continuously, not in their own right, but in relation to the equipment, the executed element, shapes and diagrams. See: [GUIDE - MOVEMENT MATERIAL OF MAJORETTE-SPORT](#)
- d. **Hiba! A hivatkozási forrás nem található.**, split and bridge only in the final pose is allowed.

C. Music

The rhythm and tempo of the music is not specified, but it must be possible to incorporate marching steps into the composition

D: Outfit

1. Specific costume is allowed to express a specific theme and character of the music.
2. The use of transparent materials in the upper part without a liner is not permitted.
3. Must include some elements of traditional majorette clothing.
4. Individual variations, different folk motifs, national costume elements are allowed.

for women

1. Dress: can be sleeveless, but chest-, belly- and back covered with costume
2. Some cap-imitation on the head is obligatory, headdress matching with costumes is accepted.

for men: See Basic definition/Costumes: [Link: 1.8.](#))

E: Equipment: 1 Batonflag/competitor

F: Obligatory elements**1. Junior**

- a. 2 x high throw without turn (1x all members, 1 x minimum subgroup)
- b. 1 x high throw with spin (all members)
- c. 1 x long-distance exchange by throwing between all members.
- d. At least 7 different elements from level I –V, in equal proportions of left and right hands

2. Senior

- a. 2 x high throw without turn (1x all members, 1 x minimum subgroup)
- b. 2 x high throw with spin (1x all members, 1x minimum subgroup)
- c. 2 x long-distance exchange by throwing (1x all members, 1x minimum subgroups)
- d. At least 7 different elements from level I –VI, in equal proportions of left and right hands
- e. The elements are used in combinations, the aerials are performed to continuous rotation.

III.19.) BATON DUO/TRIO – ABBREV. BAT DUO/TRIO**A. Specially**

- 1) Stage Routine
- 2) 2 or 3 members
- 3) For women and men
Duo: 1 woman+1 man, or 2 women, or 2 men
Trio: 3 women, or 3 men, or 2 women+ 1 man
- 4) Cadet, Junior, Senior age
- 5) Stage: 12x12 metres. Height: 7 metres.
- 6) Protective zone is 2 metres along all the sides-lines of stage.
- 7) Time: Between 1.15-1.30 minutes

B. Performance**1. Characterization**

- a. It must contain marching-step sequences, there may be a greater proportion of other movement elements.

2. Elements of movement

- a. The Routine may include components and motifs of any recognizable dance styles if they correspond with the character of the music.
- b. Used dance technique must be clearly visible and used.
- c. Balance and flexibility elements, skips, jumps/ leaps and turns may be parts of the Routine, as long they fit the program continuously, not in their own right, but in relation to the equipment, the executed element, shapes and diagrams. See: [GUIDE - MOVEMENT MATERIAL OF MAJORETTE-SPORT](#)
- d. **Hiba! A hivatkozási forrás nem található.**, split and bridge only in the final pose is allowed.

C. Music

The rhythm and tempo of the music is not specified, but it must be possible to incorporate marching steps into the composition.

D. Outfit

1. Specific costume is allowed to express a specific theme and character of the music.
2. Colours and their combinations are free to use.
3. The use of transparent materials (lace, skin, nylon and the like) in the upper part without a liner is not permitted.
4. Must include some elements of traditional majorette clothing.
5. Individual variations, different folk motifs, national costume elements are allowed.

for women

1. Dress: can be sleeveless, but chest-, belly- and back covered with costume
2. Some cap-imitation on the head is obligatory, headdress matching with costumes is accepted.

for men: See Basic definition/Costumes: [Link: 1.8.](#))

E. Equipment: 1 baton/ competitor**F. Obligatory elements****1. Cadet**

- 2 x at least dead throw (1x all members, 1 x minimum subgroup)
- 1 x short-distance exchange between all members
- At least 5 different elements from level I –IV, in equal proportions of left and right hands

2. Junior

- 2 x high throw without turn (1x all members, 1 x minimum subgroup)
- 1 x high throw with spin (all members)
- 1 x long-distance exchange by throwing between all members.
- At least 7 different elements from level I –V, in equal proportions of left and right hands

3. Senior

- 2 x high throw without turn (1x all members, 1 x minimum subgroup)
- 2 x high throw with spin (1x all members, 1x minimum subgroup)
- 2 x long-distance exchange by throwing (1x all members, 1x minimum subgroups)
- At least 7 different elements from level I –VI, in equal proportions of left and right hands
- The elements are used in combinations, the aeriels are performed to continuous rotation

III.20.) TRADITIONAL BATON DUO/TRIO- ABBREV TRAD BAT DUO/TRIO**A. Specially**

1. Stage Routine
2. 2 or 3 members
3. For women and men
Duo: 1 woman+ 1 man, or 2 women, or 2 men
Trio: 3 women, or 3 men, or 2 women + 1 man
4. Cadet, Junior, Senior age
5. Stage: 12x12 metres. Height: 7 metres.
6. Protective zone is 2 metres along all the sides-lines of stage.
7. Time: Between 1.15-1.30 minutes
8. Greeting after entry and in the final pose is mandatory

B. Performance**1. Characterization**

- a. It must contain marching-step sequences, there may be other movement elements

2. Elements of movement

- a. The Routine may include components and motifs of any recognizable dance styles if they correspond with the character of the music
- b. Used dance technique must be clearly visible and used
- c. The basic style of traditional majorette requires keeping the body beautiful, proper marching, keeping columns, rows punctually, standing in one place, changing directions horizontally, and using the baton in synchrony.
- d. Elements, motifs, steps of folk dance and ballroom dances are allowed
- e. Sitting, lying, jump/leap, elements of floor exercises/acrobatic, supports, lifting are forbidden

See: [GUIDE - MOVEMENT MATERIAL OF MAJORETTE-SPORT](#)

C. Music

1. The rhythm and tempo of the music is not specified, but it must be possible to incorporate marching steps into the composition
2. Music must be composed and arranged for symphonic orchestra, philharmonics, brass band, marching band, fanfare orchestra, and percussion band, big band, dancing band, jazz- or Dixieland band.
3. It is forbidden that any part of the music is performed by computer (except basic computer cutting and mixing), or that any part of the music is played by electronic instruments such as rhythm-machine, synthesizer

D. Outfit

1. Specific costume is allowed to express a specific theme and character of the music
2. Transparent materials such as lace, skin nylon etc. without under layer are not allowed
3. Costumes must be made from matte material only. Sequined and shiny material is not allowed.
4. Glitter on the hair is not allowed.

for women

1. Dress: can be sleeveless, but chest-, belly- and back covered with costume
2. Short- sleeved or sleeveless dress must be worn with long (3/4) gloves,
3. Some cap-imitation on the head is obligatory, headdress matching with costumes is accepted.
4. Costume with skirt is obligatory.
5. Trousers are forbidden.
6. Boots are obligatory for seniors, recommended for juniors and cadets.

for men: See Basic definition/Costumes: [Link: 1.8.](#))

E. Equipment: 1 baton /competitor**F. Obligatory elements**

1. There are not obligatory elements.
2. Contact elements, aerials and simple rolls are allowed (roll combination, continuous roll are forbidden)

III.21.) FREESTYLE BATON DUO/TRIO – ABBREV. FREE DUO/TRIO**A. Specially**

- 1) Stage Routine
- 2) Men and women
- 3) 2-3 members
in duo: for 2 women or 1 woman+1 man, or two men
in trio: for 3 women or 1 man + 2 women
- 4) Cadet, Junior, Senior age
- 5) Stage: 12x12 metres. Height: 7 metres.
- 6) Protective zone is 2 metres along all the sides-lines of stage.
- 7) Time: 1.15-1.30 minutes

B. Performance**3) Characterization**

It is not necessary contain marching-step sequences.

The style of the Routine must not be depressing (pain, suffering, death, etc.)

All kind of movement material of majorette-sport. *See:* [GUIDE - MOVEMENT MATERIAL OF MAJORETTE-SPORT](#)

C. Music

Freely chosen, unique music.

D. Outfit

1. Specific costume is allowed to express a specific theme and character of the music
2. The use of transparent materials in the upper part without a liner is not permitted
3. Headdress should not be required

for women

1. Trousers are allowed
2. Dress: can be sleeveless, but chest-, belly- and back covered with costume

for men: See Basic definition/Costumes: [Link: 1.8.](#))

All male performers' costumes must include a shirt that is fastened, however it can be sleeveless

E. Equipment: 1 baton /competitor**F. Obligatory elements**

Cadet:

- Right hand flourish-whip / 4 right hand flips continuously for all
- Free preparation / scissor kick with dead baton all members
- 1 x short-distance exchange between all members

Junior

- Left hand flourish-whip backward-right hand on hip / left hand reverse flip – right hand on hip / right hand reverse clockwise – standing on tiptoe – left hand on straight down / right hand backhand catch – left lounge for all
- free preparation - right hand horizontal throwing - stag leap (take off from one foot) / catch with right hand for all
- 1 x long-distance exchange by throwing between all members

Senior

- left/right hand flip-illusion- left/right hand catch for all
- Back fish-angel-stop position: (tilt) high side leg kick for all
- 1 x short-distance exchange with spin between all members

III.22.) POMPON DUO/TRIO – ABBREV. POM DUO/TRIO**A. Specially**

1. Stage Routine
2. 2 or 3 members
3. For women and men
Duo: 1 girl + 1 boy, or 2 women, or 2 men
Trio: 3 women, or 3 men, or 2 women + 1 boy
4. Cadet, Junior, Senior age
5. Stage: 12x12 metres. Height: 7 metres.
6. Protective zone is 2 metres along all the sides-lines of stage.
7. Time: 1.15-1.30 minutes

B. Performance**1. Characterization**

Movement technique have to comply with music and express correctly the character of the category and the Pompon.

2. Elements of movement

- a. The Routine may include components and motifs of any recognizable dance styles if they correspond with the character of the music.
- b. Used dance technique must be clearly visible and used.
- c. All kind of elements of the ' Movement of Majorette-sport ' are required parts of the Routine, shall be carried out as part of the Routine and shall be continuously adapted to the practice. They cannot be done on their own, but in relation to the equipment, the executed element, the shapes and the figures. See: [GUIDE - MOVEMENT MATERIAL OF MAJORETTE-SPORT](#)

C. Music

1. Any styles of music can be used to fulfil modern ideas, but they must always match the nature of category.
2. Techno, heavy-metal, hard rock, DB and similar or related songs are not allowed

D. Outfit

1. The nature of the category allows the use of any costume
2. Determined by music, dance style and the theme
3. The costume may, but does not have to, include elements of traditional majorette clothing.

for men: [See Basic definition/Costumes: Link: 1.8.\)](#)

E. Equipment: 2 pieces of pompon /competitor**F. Obligatory elements****a. Cadet**

- 3 different element of floor exercise/ acrobatic/ jump/flexibility/turn

b. Junior

- 3 different element of floor exercise/ acrobatic/ jump/ flexibility/turn
- Combination of 2 different elements moving in one direction 1x

c. Senior

- 3 different element of floor exercise/ acrobatic/ jump/ flexibility/turn
- Combination of 3 different element moving in one direction 1x

III.23.) MS MACE DUO/TRIO – ABBREV. MACE DUO/TRIO**A. Specially**

- 1) Stage Routine
 - 2) 2 or 3 members
 - 3) For women and men
Duo: 1 woman+1 man, or 2 women, or 2 men
Trio: 3 women, or 3 men, or 2 women+ 1 man
 - 4) Senior age
 - 5) Stage: 12x12 metres. Height: 7 metres.
 - 6) Protective zone is 2 metres along all the sides-lines of stage.
 - 7) Time: Between 1.15-1.30 minutes

B. Performance**3. Characterization**

- a. It must contain a marching-step sequence, there may be a greater proportion of other movement elements

4. Elements of movement

- a. The Routine may include components and motifs of any recognizable dance styles if they correspond with the character of the music.
- b. Used dance technique must be clearly visible and used.
- c. Balance and flexibility elements, skips, jumps/ leaps and turns may be parts of the Routine, as long they fit the program continuously, not in their own right, but in relation to the equipment, the executed element, shapes and diagrams. See: [GUIDE - MOVEMENT MATERIAL OF MAJORETTE-SPORT](#)
- d. **Hiba! A hivatkozási forrás nem található.**, split and bridge only in the final pose is allowed.

C. Music

1. The rhythm and tempo of the music is not specified, but it must be possible to incorporate marching steps into the composition.

D. Outfit

1. Specific costume is allowed to express a specific theme and character of the music.
2. The use of transparent materials (lace, skin, nylon and the like) in the upper part without a liner is not permitted.
3. Must include some elements of traditional majorette clothing.
4. Individual variations, different folk motifs, national costume elements are allowed.

for women

1. Dress: can be sleeveless, but chest-, belly- and back covered with costume
2. Some cap-imitation on the head is obligatory, headdress matching with costumes is accepted.

for men: See Basic definition/Costumes: [Link: 1.8.](#)

E. Equipment: 1 mace/ competitor**F. Obligatory elements****1. Senior**

- 2 x high throw without turn (1x all members, 1 x minimum subgroup)
- 2 x high throw with spin (1x all members, 1x minimum subgroup)
- 2 x long-distance exchange by throwing (1x all members, 1x minimum subgroups)
- At least 7 different elements from level I –VI, in equal proportions of left and right hands
- The elements are used in combinations, the aeriels are performed to continuous rotation

III.24.) TRADITIONAL MACE DUO/TRIO ABBREV. TRAD MACE DUO/TRIO**A. Specially**

1. Stage Routine
2. 2 or 3 members
3. For women and men
Duo: 1 woman+1 man, or 2 women, or 2 men
Trio: 3 women, or 3 men, or 2 women+ 1 man
4. Junior, Senior age
5. Stage: 12x12 metres. Height: 7 metres.
6. Protective zone is 2 metres along all the sides-lines of stage.
7. Time: Between 1.15-1.30 minutes
8. Greeting after entry and in the final pose is mandatory.

B. Performance**1) Characterization**

- a) The marching steps must be clearly distinguishable and decisive.
- b) Movement technique and step technique have to comply with music and express correctly the character of the category.
- c) Most important criterion is synchronization.
- d) The basic style of traditional majorette requires keeping the body beautiful, proper marching, standing in one place, changing directions horizontally, and using the mace in synchrony.
- e) The emphasis of the Routine is on the throws.

2) Material of movement

- a) Sitting, lying, elements of jumps/leaps, floor exercises/ acrobatic, lifting are forbidden.
See: [GUIDE - MOVEMENT MATERIAL OF MAJORETTE-SPORT](#)

C. Music

1. Must be very traditional military march.
2. Must be composed and arranged for symphonic orchestra, philharmonics, brass band, marching band, fanfare orchestra, and percussion band, big band, dancing band, jazz- or Dixieland band.
3. It is forbidden that music is performed by a computer (except basic computer cutting and mixing), or that any part of the music is played by electronic instruments such as rhythm-machine, synthesizer, electrical piano, solo electric guitar, except if bass-guitar is not solo but accompanying instrument (without solo parts).

D. Outfit

1. Costumes must be made from matte material only. Sequined and shiny material is not allowed. Ribbons, braiding, buttons and epaulettes (in antique gold or silver) may only be used as an accessory on the uniform.
2. Glitter on the hair is not allowed.
3. Mandatory parts of the mace- uniform: hat/ shako,
4. Jacket is obligatory.
for women
 1. skirt, or long-sleeved dress is obligatory.
 2. Trousers are forbidden.
 3. Boots are obligatory for seniors, recommended for juniors.

for men: See Basic definition/Costumes: [Link: 1.8.](#))

E. Equipment: 1 mace /competitor**F. OBLIGATORY ELEMENTS**

1. Minimum of 6 throws for all members
2. Contacts, aerials and simple rolls are allowed (roll combination, roll series are forbidden)

III.25.) BATON SOLO– ABBREV. BAT SOLO**A. Specially**

- 1) Stage Routine
- 2) Cadet, Junior, senior
- 3) women and men
- 4) Soloist with 1 baton
- 5) Stage: 12x12 metres. Height: 7 metres.
- 6) Protective zone is 2 metres along all the sides-lines of stage.
- 7) Time: 1.15-1.30 minutes

B. Performance**5. Characterization**

- a. It must contain a marching-step sequence, there may be a greater proportion of other movement elements

6. Elements of movement

- a. The Routine may include components and motifs of any recognizable dance styles if they correspond with the character of the music.
- b. Used dance technique must be clearly visible and used.
- c. Balance and flexibility elements, skips, jumps/ leaps and turns may be parts of the Routine, as long they fit the program continuously, not in their own right, but in relation to the equipment, the executed element, shapes and diagrams. See: [GUIDE - MOVEMENT MATERIAL OF MAJORETTE-SPORT](#)
- d. Split and bridge only in the final pose is allowed

C. Music

- a. The rhythm and tempo of the music is not specified, but it must be possible to incorporate marching steps into the composition.

D. Outfit

1. Specific costume is allowed to express a specific theme and character of the music.
2. The use of transparent materials (lace, skin, nylon and the like) in the upper part without a liner is not permitted.
3. Must include some elements of traditional majorette clothing.
4. Individual variations, different folk motifs, national costume elements are allowed.

for women

- a. Dress: can be sleeveless, but chest-, belly- and back covered with costume.
- b. Some cap-imitation on the head is obligatory, headdress matching with costumes is accepted.

for men: See Basic definition/Costumes: [Link: 1.8.](#))

E. Equipment: 1 baton /competitor**F. Obligatory elements****1. Cadet**

- 2 x at least dead-throw
- At least 5 different elements from level I –IV, in equal proportions of left and right hands

2. Junior

- 2 x high throw without turn
- 1 x high throw with spin
- At least 7 different elements from level I –V, in equal proportions of left and right hand

3. Senior

- 2 x high throw without turn
- 2 x high throw with spin
- At least 7 different elements from level I –VI, in equal proportions of left and right hands
- The elements are used in combinations, the aeriels are performed to continuous rotation

III.26.) TRADITIONAL BATON SOLO – ABBREV. TRAD BAT SOLO**A. Specially**

- 1) Stage Routine
- 2) Soloist with one baton
- 3) For women and men
- 4) Cadet, Junior, Senior age
- 5) Stage: 12x12 metres. Height: 7 metres.
- 6) Protective zone is 2 metres along all the sides-lines of stage.
- 7) Time: Between 1.15-1.30 minutes
- 8) Greeting after entry and in the final pose is mandatory.

B. Performance**2. Characterization**

- a. It must contain marching-step sequences, there may be other movement elements.

2. Elements of movement

- a) The Routine may include components and motifs of any recognizable dance styles if they correspond with the character of the music
- b) Used dance technique must be clearly visible and used
- c) The basic style of traditional majorette requires keeping the body beautiful, proper marching, keeping columns, rows punctually, standing in one place, changing directions horizontally, and using the baton in synchrony.
 - a. Elements, motifs, steps of folk dance and ballroom dances are allowed.
 - d) Sitting, lying, jump/leap, elements of floor exercises/acrobatic, supports are forbidden

See: [GUIDE - MOVEMENT MATERIAL OF MAJORETTE-SPORT](#)

C. Music

1. Musical works of different dance-style can be used, but it must correspond with the nature of the category, and the baton
2. Music must be composed and arranged for symphonic orchestra, philharmonics, brass band, marching band, fanfare orchestra, and percussion band, big band, dancing band, jazz- or Dixieland band.
3. It is forbidden that any part of the music is performed by computer (except basic computer cutting and mixing), or that any part of the music is played by electronic instruments such as rhythm-machine, synthesizer

D. Outfit

1. Specific costume is allowed to express a specific theme and character of the music.
2. Transparent materials such as lace, skin nylon etc. without under layer is not allowed.
3. Costumes must be made from matte material only. Sequined and shiny material is not allowed.
4. Glitter on the hair is not allowed.

for women

1. Dress: can be sleeveless, but chest-, belly- and back covered with costume.
2. Short- sleeved or sleeveless dress must be worn with long (3/4) gloves.
3. Some cap-imitation on the head is obligatory, headdress matching with costumes is accepted.
4. Costume with skirt is obligatory.
5. Boots are obligatory for seniors, recommended for juniors and cadets.

for men: See Basic definition/Costumes: [Link: 1.8.](#))

E. Equipment: 1 baton /competitor**F. Obligatory elements**

1. There are not obligatory elements.
2. Contact elements, aerials and simple rolls are allowed (roll combination, roll series, continuous roll are forbidden)

III.27.) FREESTYLE BATON SOLO**A. Specially**

- 1) Stage Routine
- 2) Cadet, Junior, Senior
- 3) women and men
- 4) Soloist with 1 baton
- 5) Stage: 12x12 metres. Height: 7 metres.
- 6) Protective zone is 2 metres along all the sides-lines of stage.
- 7) Time: 1.15-1.30 minutes

B. Performance**1) Characterization**

It is not necessary to contain marching-step sequences.

- 2) The style of the Routine must not be depressing (pain, suffering, death, etc.)

3) Elements of movement

All kind of movement of majorette-sport. **See:** [GUIDE - MOVEMENT MATERIAL OF MAJORETTE-SPORT](#)

C. Music

Freely chosen, unique music.

D. Outfit**For Women**

- 1) Specific costume is allowed to express a specific theme and character of the music
- 2) Dress: can be sleeveless, but chest-, belly- and back covered with costume
- 3) The use of transparent materials in the upper part without a liner is not permitted
- 4) Headdress is not required
- 5) Trousers are allowed

for men: See Basic definition/Costumes: [Link: 1.8.](#))

All male performers' costumes must include a shirt that is fastened, however it can be sleeveless

E. Equipment: 1 baton / competitor**F. Obligatory elements****Cadet:**

- Right hand flourish-whip / 4 right hand flips continuously
- Standing on one leg tip toe, the second leg in passé position, double elbow roll
- Free preparation / scissor kick with dead baton

Junior

- Left hand flourish-whip backward-right hand on hip / left hand reverse flip – right hand on hip / right hand reverse clockwise – left hand on straight down / right hand backhand catch – left lounge
- Free preparation - right hand horizontal throwing - stag leap (take off from one foot) / catch with right hand
- Back fish with scale / carry

Senior

- Left hand flourish-whip / left hand flip / 1 spin / right backhand catch
- Left/right hand flip-illusion- left/right hand catch
- Back fish-angel-stop position: (tilt) high side leg kick

III.28.) 2-BATON SOLO– ABBREV. 2BAT SOLO**A. Specially**

- 1) Stage Routine
- 2) Soloist with 2 batons
- 3) For women and men
- 4) Junior, Senior age
- 5) Stage: 12x12 metres. Height: 7 metres.
- 6) Protective zone is 2 metres along all the sides-lines of stage.
- 7) Time: 1.15-1.30 minutes

B. Performance**1. Characterization**

It must contain a marching-step sequence, there may be a greater proportion of other movement elements

2. Elements of movement

- a. The Routine may include components and motifs of any recognizable dance styles if they correspond with the character of the music.
- b. Used dance technique must be clearly visible and used.
- c. Balance and flexibility elements, skips, jumps/ leaps and turns may be parts of the Routine, as long they fit the program continuously, not in their own right, but in relation to the equipment, the executed element, shapes and diagrams. See: [GUIDE - MOVEMENT MATERIAL OF MAJORETTE-SPORT](#)
- d. Split and bridge only in the final pose is allowed

C. Music

1. Any styles of music can be used to fulfil modern ideas, but they must always match the nature of category.
2. Techno, heavy-metal, hard rock, DB and similar or related songs are not allowed.

D. Outfit

1. Specific costume is allowed to express a specific theme and character of the music
 2. The use of transparent materials (lace, skin, nylon and the like) in the upper part without a liner is not permitted
 3. Must include some elements of traditional majorette clothing
 4. Individual variations, different folk motifs, national costume elements are allowed
- for women**
1. Dress: can be sleeveless, but chest-, belly- and back covered with costume.
 2. Some cap-imitation on the head is obligatory, headdress matching with costumes is accepted.
 3. c.Trousers are not allowed.
 4. d.Boots are obligatory for seniors, recommended for juniors.
- for men:** See Basic definition/Costumes: [Link: 1.8.\)](#)

E. Equipment: 2 pieces of baton /competitor**F. Obligatory elements****1. Junior**

- 2 x high throw without turn
- 1 x high throw with spin
- At least 7 different elements from level I –V, in equal proportions of left and right hand

2. Senior

- 2 x high throw without turn
- 2 x high throw with spin
- 2 x long-distance exchange by throwing
- At least 7 different elements from level I –VI, in equal proportions of left and right hand
- The elements are used in combinations, the aerials are performed to continuous rotation.

III.29.) POMPON SOLO – ABBREV. POM SOLO**A. Specially**

1. Stage Routine
2. Soloist
3. For women and men
4. Cadet, Junior, Senior age
5. Stage: 12x12 metres. Height: 7 metres.
6. Protective zone is 2 metres along all the sides-lines of stage.
7. Time: 1.15-1.30 minutes

B. Performance**1. Characterization**

- a. Movement technique have to comply with music and express correctly the character of the category and the Pompon

2. Elements of movement

- a. The Routine may include components and motifs of any recognizable dance styles if they correspond with the character of the music
- b. Used dance technique must be clearly visible and used
- c. All kind of elements of the ' Movement of Majorette-sport ' are required parts of the Routine, shall be carried out as part of the Routine and shall be continuously adapted to the practice. They cannot be done on their own, but in relation to the equipment, the executed element, the shapes and the figures. See: [GUIDE - MOVEMENT MATERIAL OF MAJORETTE-SPORT](#)

C. Music

1. Any styles of music can be used to fulfil modern ideas, but they must always match the nature of category
2. Techno, heavy-metal, hard rock, DB and similar or related songs are not allowed

D. Outfit

1. The nature of the category allows the use of any costume
2. Determined by music, dance style and the theme.
3. The costume may, but does not have to, include elements of traditional majorette clothing
for men:[See Basic definition/Costumes: Link: 1.8.\)](#)

E. Equipment: 2 pieces of pompon /competitor**F. Obligatory elements****a. Cadet**

3 different element of floor exercise/ acrobatic/ jump/flexibility/turn

b. Junior

3 different element of floor exercise/ acrobatic/ jump/ flexibility/turn
Combination of 2 different elements moving in one direction1x

c. Senior

3 different element of floor exercise/ acrobatic/ jump/ flexibility/turn
Combination of 3 different element moving in one direction 1x

III.30.) MS MACE SOLO- ABBREV. MACE SOLO**A. Specially**

- 1) Stage routine
- 2) Soloist with 1 mace
- 3) For women and men
- 4) Senior age
- 5) Stage: 12x12 metres. Height: 7 metres.
- 6) Protective zone is 2 metres along all the sides-lines of stage.
- 7) Time: 1.15-1.30 minutes

B. Performance**1. Characterization**

It must contain a marching-step sequence, there may be a greater proportion of other movement elements.

2. Elements of movement

- a. The Routine may include components and motifs of any recognizable dance styles if they correspond with the character of the music
- b. Used dance technique must be clearly visible and used
- c. Balance and flexibility elements, skips, jumps/ leaps and turns may be parts of the Routine, as long they fit the program continuously, not in their own right, but in relation to the equipment, the executed element, shapes and diagrams. See: [GUIDE - MOVEMENT MATERIAL OF MAJORETTE-SPORT](#)
- d. Split and bridge only in the final pose is allowed

C. Music

The rhythm and tempo of the music is not specified, but it must be possible to incorporate marching steps into the composition

D. Outfit

1. Specific costume is allowed to express a specific theme and character of the music
2. Must include some elements of traditional majorette clothing
3. The use of transparent materials (lace, skin, nylon and the like) in the upper part without a liner is not permitted

for women

1. Dress: can be sleeveless, but chest-, belly- and back covered with costume
2. Some cap-imitation on the head is obligatory, headdress matching with costumes is accepted

for men: See Basic definition/Costumes: [Link: 1.8.\)](#)

E. Equipment: 1 mace /competitor**F. OBLIGATORY ELEMENTS****Senior**

- a. 2 x high throw without turn
- b. 2 x high throw with spin
- c. At least 7 different elements from level I –VI, in equal proportions of left and right hands
- d. The elements are used in combinations, the aerials are performed to continuous rotation

III.31.) TRADITIONAL MACE SOLO – ABBREV. TRAD MACE SOLO**A. Specially**

- 1) Stage Routine
- 2) Soloist
- 3) For women and men
- 4) Junior, Senior age
- 5) Stage: 12x12 metres. Height: 7 metres.
- 6) Protective zone is 2 metres along all the sides-lines of stage.
- 7) Time: 1.15-1.30 minutes

B. Performance**1) Characterization**

- a) The marching steps must be clearly distinguishable and decisive
- b) Movement technique and step technique have to comply with music and express correctly the character of the category
- c) The basic style of traditional majorette requires keeping the body beautiful, proper marching, standing in one place, changing directions horizontally, and using the mace in synchrony
- d) The emphasis of the Routine is on the throws.

2) Material of movement

- a) Sitting, lying, jumps/leaps, Elements of floor exercises, acrobatic are forbidden. **See:** [GUIDE - MOVEMENT MATERIAL OF MAJORETTE-SPORT](#)

C. Music

1. Must be very traditional military march.
2. Must be composed and arranged for symphonic orchestra, philharmonics, brass band, marching band, fanfare orchestra, and percussion band, big band, dancing band, jazz- or Dixieland band.
3. It is forbidden that music is performed by a computer (except basic computer cutting and mixing), or that any part of the music is played by electronic instruments such as rhythm-machine, synthesizer, electrical piano, solo electric guitar, except if bass-guitar is not solo but accompanying instrument (without solo parts).

D. Outfit

1. Competitors must wear very traditional military uniforms based on 19th century or earlier.
2. Costumes must be made from matte material only. Sequined and shiny material is not allowed. Ribbons, braiding, buttons and epaulettes (in antique gold or silver) may only be used as an accessory on the uniform.
3. Glitter on the hair is not allowed.
4. Mandatory parts of the mace- uniform: hat/ shako.
5. Jacket is mandatory.

for women

1. skirt, or long-sleeved dress is mandatory
2. trousers are forbidden
3. Boots are obligatory for seniors, recommended for juniors

for men: See Basic definition/Costumes: [Link: 1.8.](#)

E. Equipment: 1 mace /competitor**F. OBLIGATORY ELEMENTS**

1. Minimum of 6 throws.
2. Contacts, aerials and simple rolls are allowed (roll combination, roll series, continuous roll are forbidden)

IV. INTERNATIONAL CUP

SECTIONS OF INTERNATIONAL CUPS

1. Baton
2. Pompon
3. Other Equipment

CATEGORIES OF INTERNATIONAL CUPS

1. Baby Cadet Baton team
2. Baby cadet Pompon team
3. Baby cadet baton mininformation
4. Baby cadet pompon mininformation
5. Cheer Dance Pompon team
6. For Fun team

IV.1.) BABY CADET BATON TEAM – ABBREV. BCAD BAT TEAM

A. Specially

- 1) Stage Routine
- 2) Team (8-25 members)
- 3) For girls and boys
1/6 of the members can be boys
- 4) Kindergarten students: 5-7 years' old
exception: 30 % of the team members can be 8 years-old, in case these competitors do not compete in cadet age category
- 5) Stage: 12x12 metres. Height: 7 metres.
- 6) Protective zone is 2 metres along all the sides-lines of stage.
- 7) Time: 2:00- 3:00 minutes

B. Performance**1) Characterization**

- a. The Routine may include components and motifs of any recognizable dance styles if they correspond with the character of the music
- b. Used dance technique must be clearly visible and used
- c. It should also contain marching steps, there may be a greater proportion of dance steps
- d. Balance and flexibility elements, skips, jumps/ leaps and turns may be parts of the Routine, as long they fit the program continuously, not in their own right, but in relation to the equipment, the executed element, shapes and diagrams. **See: [GUIDE - MOVEMENT MATERIAL OF MAJORETTE-SPORT](#)**
- e. Split and bridge only in the final pose is allowed.
- f. Lifting is prohibited

C. Music

1. The rhythm and tempo of the music is not specified, but it must be possible to incorporate marching steps into the composition

D. Outfit

1. Specific costume is allowed to express a specific theme and character of the music
2. Must include some elements of traditional majorette clothing
3. The use of transparent materials in the upper part without a liner is not permitted
4. Individual variations, different folk motifs, national costume elements are allowed

for girls

1. The skirt is obligatory
2. Some cap-imitation on the head is obligatory, headdress matching with costumes is accepted
3. Dress: can be sleeveless, but chest-, belly- and back covered with costume
4. Trousers are forbidden.

for boys: See_Basic definition/Costumes: [Link: 1.8.\)](#)

E. Equipment: 1 baton /competitor**F. OBLIGATORY ELEMENTS**

- 1) Twirling of the baton with both hands, at least in 2 planes
- 2) At least 3 changes of patterns in choreography are required.

IV.2.) BABY CADET POMPON TEAM – ABBREV. BCAD POM TEAM

A. Specially

- 1) Stage Routine
- 2) Team (8-25 members)
- 3) For girls and boys (1/6 of the members can be boys)
- 4) Kindergarten students: 5-7 years old, with exception:30 % of the team members can be 8 years-old- just in case these competitors do not compete in cadet age category.
- 5) Stage: 12x12 metres. Height: 7 metres.
- 6) Protective zone is 2 metres along all the sides-lines of stage.
- 7) Time: 2:00- 3:00 minutes

B. Performance**1) Characterization**

- a) Movement technique and step technique have to comply with music and express correctly the character of the category and the Pompon

2) Material of movement

- a) The composition may include dance elements and motifs of different styles as long as they are appropriate to the nature of the music
- b) All kind of elements of the ' Movement of Majorette-sport ' can be part of the Routine, shall be carried out as part of the Routine and shall be continuously adapted to the practice, according to the age group. They cannot be done on their own, but in relation to the equipment, the executed element, the shapes and the figures. See: [GUIDE - MOVEMENT MATERIAL OF MAJORETTE-SPORT](#)

C. Music

1. Any styles of music can be used to fulfil modern ideas, but they must always match the nature of the category and pompon
2. Techno, heavy-metal, hard rock, DB and similar or related songs are not allowed

D. Outfit

1. The nature of the category allows the use of any costume, to express a specific theme and character of the music and dance-style
2. The costume may, but does not have to, include elements of traditional majorette clothing

for boys: See Basic definition/Costumes: [Link: 1.8.](#))

E. Equipment: 2 pieces of pompon /competitor**F. OBLIGATORY ELEMENT**

There are not obligatory elements.

IV.3.) BABY CADET BATON MINIFORMATION – ABBREV. BCAD BAT MINI

A. Specially

- 1) Stage Routine
- 2) Miniformation (4-7 members)
- 3) For girls and boys
- 4) In case of
 - 6 or 7 members – 3 men,
 - 4 or 5 members – 2 men are allowed
- 5) Kindergarten students: 5-7 years' old
- 6) Stage: 12x12 metres. Height: 7 metres.
- 7) Protective zone is 2 metres along all the sides-lines of stage.
- 8) Time: 1.15-1.30 minutes

B. Performance**1) Characterization**

- a. It should contain sequences of marching steps
- b. The Routine may include components and motifs of any recognizable dance styles if they correspond with the character of the music
- c. Used dance technique must be clearly visible and used

2) Material of movement

- a. Balance and flexibility elements, skips, jumps/ leaps and turns may be parts of the Routine as long they fit the program continuously, not in their own right, but in relation to the equipment, the executed element, shapes and diagrams
- b. Split and bridge only in the final pose is allowed.
- c. Lifting is prohibited

See: [GUIDE - MOVEMENT MATERIAL OF MAJORETTE-SPORT](#)

C. Music

The rhythm and tempo of the music is not specified, but it must be possible to incorporate marching steps into the composition.

D. Outfit

1. Specific costume is allowed to express a specific theme and character of the music.
2. Must include some elements of traditional majorette clothing.
3. The use of transparent materials in the upper part without a liner is not permitted.
4. Individual variations, different folk motifs, national costume elements are allowed.

for girls

1. The skirt is obligatory.
2. Some cap-imitation on the head is obligatory, headdress matching with costumes is accepted.
3. Dress: can be sleeveless, but chest-, belly- and back covered with costume.
4. Trousers are forbidden.

for boys: See Basic definition/Costumes: [Link: 1.8.\)](#)

E. Equipment: 1 baton /competitor**F. OBLIGATORY ELEMENTS**

- 1) Twirling of the baton with both hands, at least in 2 planes
- 2) At least 3 changes of patterns in choreography is required

IV.4.) BABY CADET POMPON MINIFORMATION – ABBREV. BCAD POM MINI

A. Specially

- 1) Stage Routine
- 2) Miniformation (4-7 members)
- 3) For girls and boys
- 4) In case of
 - 6 or 7 members – 3 men,
 - 4 or 5 members – 2 men are allowed
- 5) Kindergarten student: 5-7 years' old
- 6) Stage: 12x12 metres. Height: 7 metres.
- 7) Protective zone is 2 metres along all the sides-lines of stage.
- 8) Time: 1.15-1.30 minutes

B. Performance**1) Characterization**

Movement technique and step technique have to comply with music and express correctly the character of the category and the Pompon.

2) Material of movement

- a. The composition may include dance elements and motifs of different styles as long as they are appropriate to the nature of the music.
- b. All kind of elements of the ' Movement of Majorette-sport ' can be part of the Routine, shall be carried out as part of the Routine and shall be continuously adapted to the practice, according to the age group. They cannot be done on their own, but in relation to the equipment, the executed element, the shapes and the figures. See: [GUIDE - MOVEMENT MATERIAL OF MAJORETTE-SPORT](#)

C. Music

1. Any styles of music can be used to fulfil modern ideas, but they must always match the nature of category and pompon.
2. Techno, heavy-metal, hard rock, DB and similar or related songs are not allowed.

D. Outfit

1. The nature of the category allows the use of any costume, to express a specific theme and character of the music and dance-style.
2. The costume may, but does not have to, include elements of traditional majorette clothing.

for boys: See Basic definition/Costumes: [Link: 1.8.](#))

E. Equipment: 2 pieces of pompon /competitor**F. OBLIGATORY ELEMENT**

There are not obligatory elements

IV.5.) CHEERDANCE FREESTYLE TEAM - ABBREV: CHEER POM

A. Specially

- 1) Stage Routine
- 2) Team (8-25 members)
- 3) For women and men (1/6 of the members may be men)
- 4) Cadet, Junior, Senior age
- 5) Stage: 12x12 metres. Height: 7 metres.
- 6) Protective zone is 2 metres along all the sides-lines of stage.
- 7) Time: 2:30- 3:00 minutes

B. Performance**1) Characterization**

- a) Incorporates the concepts of any style of fashion- dance, modern dance or contemporary– techniques.
- b) With an emphasis on choreography, proper technical execution, visual effect, creativity, staging and team uniformity.
- c) Important characteristics of Routine include synchronization and visual effect, clean and precise motions, strong pom technique, the incorporation of dance technical elements and dance styles.
- d) Visual effects include level changes, group work, formation changes, the use of different colour pompon
- e) No cheers or chants are allowed
- f) Movement technique and step technique have to comply with music and express correctly the character of the category and the Pompon

2) Material of movement

- a) The composition may include dance elements and motifs of different styles as long as they are appropriate to the nature of the music
- b) All kind of elements of the ' Movement of Majorette-sport ' can be part of the Routine, shall be carried out as part of the Routine and shall be continuously adapted to the practice, according to the age group. They cannot be done on their own, but in relation to the equipment, the executed element, the shapes and the figures. See: [GUIDE - MOVEMENT MATERIAL OF MAJORETTE-SPORT](#)

C. Music

1. Any styles of music can be used to fulfil modern ideas, but they must always match the nature of category.
2. Techno, heavy-metal, hard rock, DB and similar or related songs are not allowed

D. Outfit

1. Specific costume, hairstyle and make-up are allowed to express a specific theme and character of the music (determined by music, dance style and the theme)
2. All costuming should be secure and offer full coverage of body parts.
3. Jewellery as a part of a costume is allowed.

for men: See Basic definition/Costumes: [Link: 1.8.](#))

E. Equipment: 2 pieces of Pompom /competitor**F. OBLIGATORY ELEMENTS**

1. There are not obligatory elements.
2. Pompon must be used for 80-100% of the Routine.

IV.6.) FOR FUN TEAM

A. Specially

1. The Routine must have a name that expresses its theme (mini-story).
 - a. Missing a name is considered a flaw.
 - b. Title should be indicated in the scoring sheet for jurors and announced for the audience.
2. Stage Routine
3. Team (8-25 members)
4. For women and men (1/6 of the members can be men)
5. Cadet, Junior, Senior age
6. Stage: 12x12 metres. Height: 7 metres.
7. Protective zone is 2 metres along all the sides-lines of stage.
8. Time: 2:30- 3:00 minutes

B. Performance**1) Characterization**

The theme should be expressed by:

- a) Music (not lyrics!)
- b) costumes and make-up
- c) choreography
- d) equipment

2) Performance

- a) The Routine may include components and motifs of any recognizable dance styles if they correspond with the character of the category and the music
- b) Used dance technique must be clearly visible and used
- c) During the performance placing equipment on the ground is allowed only in order to exchange them
- d) Replaced equipment must not be left on the stage at the end of choreography
- e) Before the actual performance, nothing cannot be placed inside of the competition area

3) Material of movement

All kind of elements of the ' Movement of Majorette-sport ' may be parts of the Routine, shall be carried out as part of the Routine and shall be continuously adapted to the practice, according to the age group. They cannot be done on their own, but in relation to the equipment, the executed element, the shapes and the figures. **See: [GUIDE - MOVEMENT MATERIAL OF MAJORETTE-SPORT](#)**

Lifting is allowed.

C. Music

1. Own music. Freely chosen, age appropriate, unique music.
2. The rhythm and tempo of the music is not specified but they must always match the nature of category.

D. Outfit

1. The nature of the category allows the use of any costume, to express a specific theme and character of the music and dance-style
2. The costume may, but does not have to, include elements of traditional majorette clothing

for men: See Basic definition/Costumes: [Link: 1.8.](#))

E. Equipment

1. Freely chosen
2. *As equipment* are considered all the objects which the competitors work with one- or two- or both hands, make different elements with it- when expressing the theme through their movements
3. The Routine must always be performed with the equipment- means the total period of time they have to be carried out and used -it cannot be just a dance choreography without equipment
4. It is possible to use any equipment, however using baton, batonflag, mace, banners or pompon is prohibited.
5. The number of used equipment is not strictly stated. What is evaluated, however, is the diversity of the used equipment and how it relates to the theme and choreography – and unnecessary equipment, which is used only for a short time, can be classified as a flaw
6. it is penalised when choreography doesn't correspond to expectations above

F. Decorations, scene and props

1. Scene, decoration, props must not used

G. Obligatory elements: there are not obligatory elements

V. GUIDE - MOVEMENT MATERIAL OF MAJORETTE-SPORT

A. BASIC MOVEMENT - B

bending, stretching, rising, sliding, standing, sitting, kneeling, walking, running, standing or kneeling with balance positions

1. Standing position

in EACH section

- basic/ close - stand
- in 3rd
- attention position
- at ease / relax
- stand on tiptoe
- heel - stand
- bent - stand
- step - stand
- step out - stand
- straddle - stand
- attack - stand
- defence - stand
- floating - stand
- scale/ balance - stand
- Arabesque
- Attitude

2. Squatting position

in EACH section

- squat stand

3. Kneeling positions

in EACH section

- kneeling
- half - kneeling
- kneeling in sitting positions Except TRAD
- balance kneeling (front/back) Except TRAD

4. Sitting positions

in EACH section, except TRAD

With knees stretched or bent

- stretched - sitting
- straddle - sitting
- bent - sitting

5. Lying positions

In FREE, in FOR FUN, BANNIERE, SHOW section and categories with pompon

- on the belly
- on the back
- on the left / on the right side position

6. Changes of body-positions

ALL section

- Lifting (body, head, arm, leg)
- Lowering (body, head, arm, leg)
- swing, wave, float
- bending
- stretching
- opening closing
- Circling (upper body, head, arm, leg)
- Bouncing
- Clapping, tap, and heel clash
- Arm-, leg crossing
- Spiral
- Foot slide
- Waves (full body....)

7. Changes of place

in EACH section

1. **Weight transfer:** with knees stretched or bent, in different directions
2. **Basic Marching step technique**
 - a) The step has to comply with the rhythm and beat of the music.
 - b) Various national schools (styles and interpretations) are respected for knee raising.
 - c) The height of raising the knees or heels (stretching legs backwards) is not decisive.
 - d) The knee raising has to be balanced on both sides.
 - e) The knees have to be released during the step, ankles and insteps controlled, so that the step is soft and smooth.
 - f) Soles have to be laid parallel, treading on tips or pads of soles.
 - g) All members have to start marching with the same foot, left leg is compulsory for 1. (valid from 2023)
3. **Walks**
 - 3.1. from the sole to sole with knees stretched or bent
 - 3.1.1. basic walk
 - 3.1.2. triple step
 - 3.1.3. touching walk
 - 3.1.4. swing walk
 - 3.1.5. Walk with bent knees
 - 3.1.6. leg lifting walk (eg. marching)
 - 3.1.7. leg swinging walk
 - 3.2. from toes to toes: walk on toes
 - 3.3. from heel to heel: walk on heels
 - 3.4. complex walks: waltz walk, pas de bourré
4. **Run**
 - 4.1. run with knee rising
 - 4.2. run with heel rising
 - 4.3. run with stretched legs
 - 4.4. run on tiptoes
 - 4.5. run on tiptoes with bent knees and foot slip
 - 4.6. deep run
 - 4.7. gallop - run
 - 4.8. waltz - run
 - 4.9. run with slip leap
 - 4.10. combined with turns and changing directions

B. SKIPS - SAll section

Skip is a small jump/leap with low-level intensity, from little preparation.

1. on 2 feet
2. with knee/leg lifting
3. gallop
4. skipping triple step
5. with ankle clash
6. on 1 foot
7. preparatory
8. variations from 1 foot to 1 or 2, from 2 feet to 1 or 2

C. JUMPS/LEAPS - J

Jump: take off from 2 feet

Leap: take off from 1 foot

ALL section, except TRAD

1. passé jump
2. tucked jump
3. star jump
4. Stag leap/jump
5. Pre-split
6. Split jump/leap
 - pre-split jump
 - Split leap from 1 foot
 - Split jump from 2 feet
 - Split leap with backband/turn
 - Side split leap
 - With switch
7. Drill jump/ fouetté
8. Scissor leap (with straight leg, 2nd leg higher than head)
 - scissors with bent leg (Devil)
 - scissors with switch (bent leg)
 - scissors with turn
9. Ring leap/jump
 - stag-ring
10. Cossack
 - Cossack with turn or any variations
11. Pike jump
12. Straddle jump
13. Straight jump
 - straight jump with straddle (Star jump)
 - straight jump with full turn
 - straight jump with arch
14. Cabriolet
 - Cabriolet with turn
15. Entrelacé
 - Entrelacé with variations
16. Grand jete en tournant
17. Revoltade

D. FLOOR EXERCISE/ACROBATIC – A

- 1) Allowed acrobatic elements are acceptable only without rush; from a step, from a chasse, from a skip or from a preparatory element.
- 2) In case they are performed only by some competitors, other members must not be in a static, waiting position.
- 3) Only correctly performed items can be accepted as obligatory element.
- 4) An element is acceptable when starting and finishing position is correct.
- 5) The trainer has the full responsibility for accidents and injuries during trainings and competition program.
- 6) In case Floor exercise/ acrobatic elements are executable parts of the Routine, shall be carried out as part of the Routine and shall be continuously adapted to the practice. They cannot be done on their own, but in relation to the equipment, the executed element, the shapes and the figures.

1. Hand and foot supports

In FREE, in FOR FUN and SHOW section and categories with pompon

- Squat support
- Kneeling support
- Front/back/side support.
- Bridge *In Banniere, In BAT, MACE and FLAG in final pose*
- Split (AS LEG-SUPPORTS) *In FREE, in FOR FUN, in SHOW section and categories with pompon and in BAT, in FLAG and in BANNIERE in final pose*
 - *Front split / Side split*

2. Body positions in floor exercises

In FREE, in FOR FUN, in SHOW section and categories with pompon

- Scorpion
- Nape-stand (Candle)
- Chest-stand
- Shoulder-stand
- Hand-stand
- Balance stands/ scales

Variations are accepted

3. Dynamic elements

- Chest roll
- Fish flop (shoulder roll)
- Rolling - rollover; flying rollover
- Handsprings
 - Cartwheel
 - Walkover
 - tinsica
 - rolling tinsica (spider)
Lateral rotation with trunk arched back
 - Waldez
 - Handspring
 - Flying handspring
 - Round off
 - Heli(copter) cartwheel/ Heli walkover
- Free roll-overs
 - Free Cartwheel
Free cartwheel switch
 - Free Walkover
- Butterfly

Butterfly twist

Directions and variations are accepted

SOMERSAULT FROM TWO LEGS IS FORBIDDEN

E. TURNS-TAll section

Turns:

- in standing
- in sitting
- in kneeling

1. Turn around (Tour)All section

1. Half turn: 180° rotation around the longitudinal axis
2. Full turn/ Tour: a whole (360°) or multiple rotation around the longitudinal axis, on one leg, on two legs, with different positions of the legs while turning
 - on the ground, On the spot or in movement
 - chené,
 - piqué,
 - pirouettes
 - Illusion turn – EXCEPT TRAD
 - in the air /Tour En L'air -after skipping up, a whole (360°) or multiple rotation around the longitudinal axis in the air
 - Axel turn, Pancake turn, etc

2. Spin

1. a special one, as compulsory element of MS.
2. Turn of the body along the vertical axis on one leg, on tiptoe with a minimum of 360°
3. Minor mistakes of spin: crossing in the preparation, unspecified arm and/or leg position, poor relevé, drop the equipment.
4. Major mistakes of spin: lack of axis, step out at the end of the spin, lack of relevé, turn on 2 legs, “paddle”.
5. Spin with major mistake cannot be accepted as a compulsory element.

F. ELEMENTS OF FLEXIBILITY - F

1. backbands

In all sections

- 1.1. deep backband
- 1.2. extreme deep – ring
- 1.3. scorpions
 - 1.3.1. half scorpions
 - 1.3.2. scorpion
 - 1.3.3. full scorpion

2. bridge

In FREE, in FOR FUN, in SHOW section and categories with pompon

- 2.1. from lying
- 2.2. from standing
- 2.3. with leg rising

3. hips and legs:

3.1. leg rising: In all sections

- 3.1.1. standing split
- 3.1.2. balance split with hand support
- 3.1.3. penché
- 3.1.4. vertical split by side

3.2. leg kicks: In all sections

- 3.2.1. with jump: In FREE, in FOR FUN, in SHOW section and categories with pompon
In BAT, FLAG and Banniere in final pose

3.3. splits as: In FREE, in FOR FUN, in SHOW section and categories with pompon

In BAT, FLAG and Banniere in final pose

- Front split (variation: with roll)
- Side split (variation: with pancake)

4. shoulder and arm: in all sections

5. Feet, toe rise

G. COMBINATION - C

The presentation of 2 or more elements connected, continuously (without linking elements)

1. As a compulsory element:

1.1.1. It can contain jumps/leaps, turns, elements of flexibility and elements of floor exercise/acrobatic

1.1.2. Must move in one direction.

2. As a part of the Routine:

2.1.1. It can contain maximum of 3 element connected

2.1.2. It can contain jumps/leaps, elements of flexibility, elements of floor exercise/acrobatic, turns

3. categorization:

- a) A combination of flexibility elements is usable in all categories.
- b) A combination of floor exercise/ acrobatic elements is related to the pompon equipment, can be used also in the FREE BAT, SHOW and FOR FUN categories.
- c) A combination of jumps/leaps is usable in all categories except the TRAD categories.
- d) Mixed Combination of elements is related to the pompon equipment, usable in FREE BAT, SHOW and in FOR FUN

H. LIFTING - L

1.1.) With the help of two or more companions raising the lifted one to a higher position or level and keeping her in this position for 4 seconds.

1.2.) The trainer must use a rescue-member (safety person) for high lifting.

1.3.) The trainer has full responsibility for accidents and injuries during training and competition program.

1.4.) Levels of the lifting:

- a) Waist level lift: the waist of the elevated member is near the waist of base
- b) Shoulder level lift: the waist of the elevated member is near the shoulder of the base
- c) High-level lift: the waist of the elevated member is on the palm of the base's arms which is held high.
- d) Momentary base-case: for a moment the feet of the elevated one don't touch the floor, she supports on her companion on 2 hands

1.5.) Age restrictions

- a) Cadet: body throwing is prohibited, momentary base-case and waist level lifting is allowed.
- b) Junior: maximum at shoulder level
- c) Senior: high-level lift is accepted.

1.6.) As a compulsory element- should be built in different places and different time period.